

New Social Emotional Learning Supports!

Calming Choices

My choice



Stress Ball



Read



Go To Quiet Area



Stretch my Body



Deep Breaths



Weighted Vest

Environments to Help Manage
Overstimulation & Stress

pg 22

Increasing Understanding
and Independence with
Visual Schedules

pg 6

NEW!

ANXIETY MANAGEMENT KIT ▶
pg 15



WEIGHTED SNAKE ▶
pg 25



◀ **FOCUS BEHAVIOR BOX**
pg 34



◀ **WEIGHTED WOLF**
pg 23



WE ACCEPT PURCHASE ORDERS

from all Government Agencies, Hospitals, Schools and Universities in the United States.

Submit Your PO:

FAX: (877) 259-9419

EMAIL: po@nationalautismresources.com

MAIL:

National Autism Resources
695 Maple Ridge Br.
Forsyth, MO 65653

Have Questions? Call our Customer Service Team at 877-249-2393.

TABLE OF CONTENTS

PAGE

VISUAL SUPPORTS	4-9
USING A PICTURE SCHEDULE	6
SOCIAL EMOTIONAL LEARNING	10-18
SOCIAL SKILLS	19-21
MANAGING OVERSTIMULATION AND STRESS	22
CALMING SUPPORTS	22-27
FOCUS HELPERS	28-39
FREE TOKEN BOARD	38
SENSORY ROOM & OT SUPPLIES	40-59
LIFE SKILLS	60-61
INTERACTIVE READING BOOKS	63



Calming Choices

My choice



Stress Ball

Blow Bubbles



Read



Listen to Music



Weighted Blanket



Draw a Picture



Deep Breaths



Get a Drink



Stretch My Body



Quiet Area



Weighted Vest



Talk to Teacher

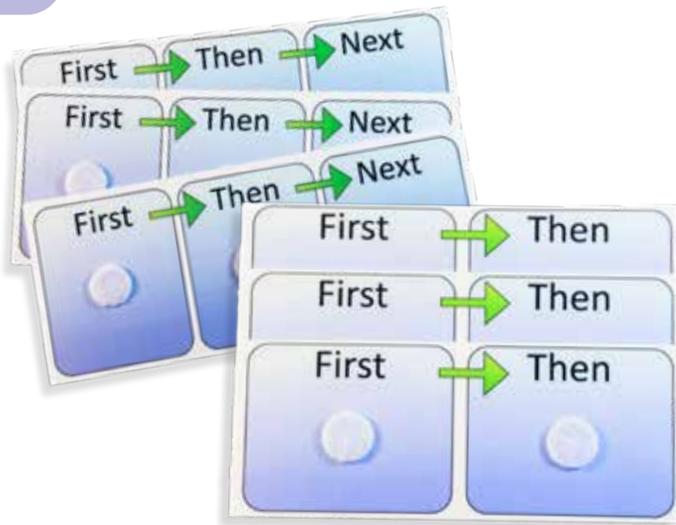


Ask for Help

CALMING CHOICES CHART

Help your students make good choices when feeling stressed, angry, or overwhelmed. Laminated set includes a choice chart and several 2" x 2" calming choice cards. Additional blank cards allow you to customize choices. When students need to calm down, present them with the chart. Or use it to introduce and practice new calming strategies. This visual support helps students exercise their independence, decision making, and self-soothing skills. Calming Choices include: Weighted Blanket, Weighted Vest, Take a Break, Get a Drink, Deep Breaths, Count to 10, Quiet Area, Stress Ball, Ask for Help, Talk to My Teacher, Stretch My Body, Wall Push Ups, Listen to Music, Draw a Picture, Read, Jump, Take a Walk, and Rest. Size 9" x 12"

- #100222x Chart **\$19.99**
- #100228 3' x 3" Flip Card Set **\$15.99**



FIRST THEN / FIRST THEN NEXT

Introduce your students to the concept of time, order, and multiple steps. Helps students with transitions by understanding what happens after a certain task or activity is done. This helps reduce anxiety and the stress of uncertainty. Teaches students where and how to look for information on what he or she will be doing right now and what is coming next. Includes 3 charts. Features loop tabs that allow for universal use for many different tasks. Boards are fully laminated. Set includes 3 boards.

- #100218 **FIRST THEN, 7" x 3"** \$4.99
- #100210 **FIRST THEN NEXT, 8.5" x 3.5"** \$5.99



VISUAL CUE CARDS

This handy set of 4 laminated cards provide a quick visual reminder to your students. Size: 3" x 3"

- #100217 **STOP** \$2.99
- #100224 **WAIT** \$2.99
- #100225 **I NEED HELP** \$2.99
- #100226 **I NEED A BREAK** \$2.99
- #100227 **SET OF 4** \$2.99



PICTURE CARD SETS

Use our laminated Picture Communication Cards to help students with communication, independence, transitions, and increasing understanding. These cards include the most common pictures you will need to help your students communicate. The velcro backing allows you to easily attach them to your schedules or sentence strips. Cards are laminated, making them durable and easy to clean. Each picture measures 1.75" x 1.75."

- #100206 **EMOTIONS** \$5.99
- #100203 **SCHOOL** \$11.99
- #100201 **HOME** \$11.99
- #100202 **CHORES** \$5.99
- #100204 **FOODS** \$11.99
- #100205 **HEALTH** \$5.99
- #100208 **ACTIONS** \$5.99
- #100207 **175 CARD SET** \$39.99

TO DO / DONE CHART



Build understanding, foster independence and decrease anxiety with our easy to use To Do/Done Chart. Great for students who need to see how far along they are in their day or to see what needs to be done before the next task. Easily attach your schedule icons to the loop columns. Your students will stay on task and feel a sense of accomplishment as they move each activity to the "done" column. Size: 8" x 17" (Picture cards not included.)

- #100219 \$10.99

Helping Students Understand Daily Routines With Picture Symbols

The Amazing Power Of A Picture Schedule!

We all use a schedule! Everyday we follow a schedule we have in our memory or use a written schedule on our calendar or phone. Think about what happens when there is a disruption in your routine: your car breaks down, you get a call that someone needs you now, or you lock your door and realize your keys are inside. Now consider the stress you felt on your first day at a new job. So many things are new and unpredictable! These changes cause stress as you sort out what is happening, and what you have to do next.

Whether a person has a disability or not, we all experience stress when we are unsure about key aspects in our day: where we will be, what we do, how long an activity will last, and/or what is coming next. As we understand a situation our stress levels go down. In a calm state it is easier to think about and imagine possible solutions to disruptions in our day.

Now, think about your students who struggle to understand abstract concepts like a daily routine. Common disruptions are stressful and are not so easily understood! This is where visual picture representations can help! A picture schedule provides a tangible representation of a student's abstract daily routine. Now a sequence of events that may have appeared to come at your students at random can be easily expected and anticipated.

How to Start

For a person beginning to use a picture schedule, we often start with a simple "FIRST-THEN" display board. A picture symbol such as a "Wash Up" is placed in the "FIRST" area and then a second picture such as "T.V." in the "THEN" spot.

Point to the pictures as you display them to your student. For example, you may say: "FIRST we are going to wash up, THEN we can watch TV." This helps convey the idea that they will watch T.V., but washing up happens first. Anxiety is reduced as they realize they will get to their desired activity (watching T.V.) after they finish the activity they may not have been interested in performing (washing up).

A picture schedule must be taught, and it's effectiveness should increase over time. It is a good idea to begin with pleasant activities so that the individual will want to participate. For example, you can start with two desired items such as FIRST: "Fruit", THEN: "Game". As the idea of following a picture schedule becomes better understood, 'less desired' daily activities can be added to the first location.

Once a student understands the two-picture symbol display you can add more pictures. Eventually you can display a series of schedule pictures working in more activities that may not be highly desired. An example of a longer schedule might be: "Wash Up", "Dinner", "Dish Washer", "Cookies", "Work Sheets", "T.V.", "Toothbrush" "Pajamas" "Book" and "Bed".

Tips For Displaying Picture Symbols

- Changes in a routine may be challenging. Having a symbol for disruption such as one that says "CHANGE" can help students know there is a change in the routine but the schedule they know will continue afterwards.
- Having the most desired part of the routine placed in a special spot on a longer schedule can remind your student of what they are working for.
- Laminated picture cards will stand up against repeated use.
- Using velcro to attach pictures to a display board is the most common display method. They can be rearranged or removed after a task is completed.
- You can lightly tape cards onto holding areas or use clear vinyl display pockets to arrange a sequence of common routines that do not change much.
- It is useful to remove an image or have a cross off/check off aspect in a picture schedule. This can provide a feeling of accomplishment and clarify what is next in the schedule.

A goal for a picture schedule can be to foster independence.

As your student's skills grow, they can become more responsible for their schedule by checking what is next and removing completed tasks. An occasional reminder of "please check your schedule" may be all that is needed to keep your students on task.

Eventually a student may be able to follow a daily routine without direction from others. As a student learns to follow a schedule, anxieties that came from the frustration of not understanding sudden changes in their day can decrease. Schedules can help at home and at school, and the collaborative use in both environments can reinforce the effectiveness of this type of visual strategy.

Don D'Amore M.A. CCC-SLP Has over 20 years of extensive experience working with Augmentative/Alternative Communication (AAC) and with communication strategies for individuals with Autism Spectrum Disorder (ASD). In 2009 he received the "Honors Of The Ohio School Speech Pathology Educational Audiology Coalition".

Please note: this information should not be used as a substitute for the advice of your Speech Language Pathologist, Doctor, or other health care provider. Any recommendations specific to a client is dependent on the many unique aspects regarding the individual, such as age, disability, abilities and other relevant factors. It is recommended that any person with a suspected disability have a complete multi-factored evaluation, and direct consultation with professionals take place before any treatment program is initiated.



MAGNETIC SCHEDULE SETS ▲

These magnetic schedules help you quickly customize visual aids to create a daily schedule, chore lists, classroom schedules, sequence activities, hygiene routines, and more. Each activity icon is magnetic and wipeable for quick clean-up. Magnets measure 2 x 2 inches, are laminated, and dry erase-friendly. The 18" x 12" magnetic board folds down to three 6" x 12" panels, is double sided, and can be used horizontally or vertically depending on your need.

Home: 18" Trifold board, 72 Activity Icons, 21 Headings, and 36 Magnet Stars
 Education: 18" Trifold board, 66 Activity Icons, 21 Headings, and 36 Magnet Stars
 Deluxe: 18" Trifold board, 132 Home, School and Special Needs Activity Icons, 21 Headings, and 36 Magnet Stars

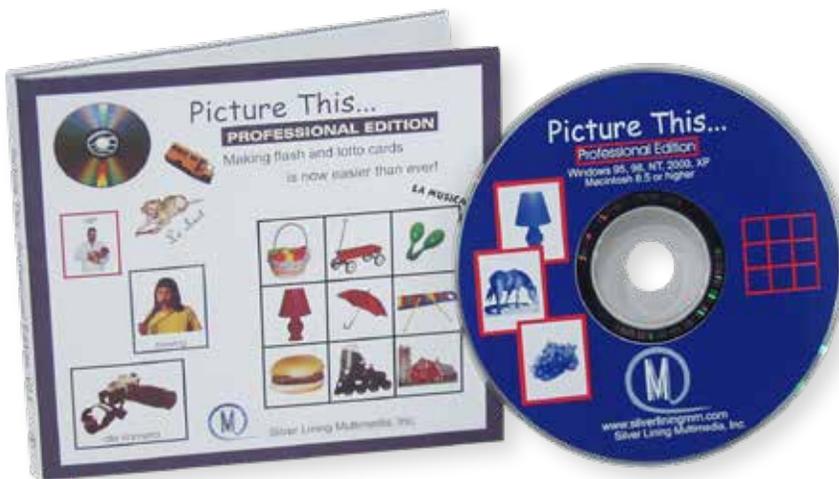
- #411053 HOME \$44.99
- #411054 EDUCATION \$44.99
- #411055 DELUXE..... \$69.99

PICTURE SCHEDULE KIT ▲

Quickly and easily create custom picture schedules! Build understanding, encourage independence, and decrease anxiety in students with autism and communication challenges. Includes 36 2.5" x 3.75" laminated activity cards.

Activities include: art, assembly, bathroom, brush teeth, computer, gym class, library, lunch, field trip, sensory time, and more. **Set includes:** 5 laminated schedule charts to display 4 activities with a blank clock face. Cards can be written on with dry erase marker and erased for reuse again and again. Set includes: 36 activity cards, 5 schedule charts, vinyl storage pages, and sturdy 3-ring storage binder.

#296008 \$89.99



PICTURE THIS ▲

Create photo realistic communication pictures, flashcards, schedules, choice boards, charts and more. The easy to use software can put several photos together in various sizes, with optional text and colored borders. Search function allows you to quickly find pictures. Over 5000 photos covering 38 categories such as: actions, animals, bathroom, body, chores, clothing, colors, emotions, food, health, holidays, household, sequences, time, tools, vehicles, and more. Windows 7, Mac OS X 10.2 & higher.

#282051 \$89.99



RECEPTIVE LANGUAGE COMPREHENSION

Each activity has multiple elements that allow you to adapt it to your students individual needs. For example: one prompt can be "Put a banana on a tree". A more complicated prompt sequence could be: "Place the small banana on the big tree". A complex multi-step sequence to follow can be: "Place the big banana on the small vine on the big tree." Students will enjoy following directions while completing functional themes involving food preparation such as "Put cheese and two pickles on the burger!" Silly and fun themes include interacting with 'aliens' on their 'planet', an activity for each season, following directions for making cheeseburgers, ice-cream sundaes and more! This set contains over 100 different laminated and velcroed picture cards attached to illustrated pages designed to teach listening and following multiple step directions! 'Helper' pages are packed with suggestions and cover a wide-range of prompting ideas! Everything is laminated and three hole punched for easy storage in a 3-ring binder! Bundle 2 contains 96 different laminated and velcroed picture cards attached to illustrated pages. Themes include interacting with fun robots on their planet, kids on a picnic, assembly of a sub sandwich and many more!

#296013 **BUNDLE 1** \$159.99
 #296014 **BUNDLE 2** \$155.99

WH QUESTIONS BINDER

Help your students ask and answer open ended questions including: who, what, when, where, why, and how. 90 Interactive hook and loop cards illustrate different Wh-Questions. Lift the card to reveal a matching illustrated answer. This bundle also includes specially designed pages with concentrated sources of illustrated prompts for Wh-Questions, as well as additional pages with a total of 600 written Wh-Question Prompts! All pages are three hole punched for easy storage in a 3-ring binder. Designed and illustrated by Don D'Amore MA CCC-SLP, a Speech Language Pathologist with over 30 years of experience.

#296010 \$145.99



INTRO TO PICTURE COMMUNICATION

The Intro to Picture Communication Set uses laminated and velcroed picture cards attached to illustrated pages to teach the basic concepts of communication using picture cards. It's difficult to teach independent expressive communication to some students.

This set creates motivating activities your students will enjoy with instructions and suggestions. The activities encourage students to use matching picture symbol cards to communicate and participate. Students open 'movable doors' to find what's inside, ask for parts of fun interactive puzzles, and communicate while putting together collections of fun food theme pictures. Everything is heavy-duty laminated and three hole punched for easy storage in a 3-ring binder! Designed by an augmentative communication SLP with over 20 years of experience.

#296012 \$169.99



PICTURE COMMUNICATION STARTER KIT

This set features 400 of the most highly used communication cards to help you quickly start picture communication with your students. Quickly and easily create a communication binder, visual schedules, choice boards, or sentence strips. Use it to support communication around foods, greetings, people, calendar words, transportation, action words, art and school supplies, furniture, toys, body parts, cloths, common wants & needs, and more. Designed by an Augmentative Communication SLP with over 20 years of experience. Each 2" x 2" card features a full color image that is laminated, cut, and ready to use. Each image and symbol is clearly labeled with bold text encouraging literacy and word recognition. Set includes binder, 400 pictures, and 12 vinyl 20 pocket protector sheets.

#296001 \$159.99



CALM CATERPILLAR

Use Calm Corner Kit to create a mini calm spot for your students. Developed by a mindfulness expert, this kit has been used successfully in Cincinnati Public Schools and North College Hill City Schools. The kit includes the Calming Caterpillar Parent Class, a Tree Stump Sitting Cushion, an Expandable Breathing Ball to teach rhythmic breathing, and a Hand-Breathing Poster you can use as a visual guide to lower stress and improve concentration. A Parent Field Guide is also included, to help you apply and demonstrate calming techniques.

The Calming Caterpillar is designed to facilitate three different calming techniques. Stretch it to mirror deep breathing. Drape it around the neck to calm the nervous system. Or count the Caterpillar's ten body segments as a tactile and visual way to focus on counting, using both touch and breath to achieve relaxation and focus.

#415002	CALMEE CALM CATERPILLAR	\$44.99
#415003	PARENT KIT	\$109.99
#415004	PARENT KIT & CALMEE	\$139.99

SLUMBERKINS

Designed by a Therapist, Slumberkins bring lots of cuddly, educational fun! These adorable plush friends include board books that teach vital emotional skills in a way that is educational, empathetic, and accessible for young readers as they learn and grow alongside their Slumberkin. Each set includes a plush, book, and affirmation card.

Each Slumberkin is designed to focus on a specific area of social emotional development. Learn to articulate emotions, manage anxiety, and share worries with the Stress Relief Alpaca, explore grounding techniques and deep breathing with the Mindfulness Yeti, develop emotional recognition and resilience with Ibex Introducing Emotions, and build conflict resolution and self regulation with Conflict Resolution Hammerhead.



#332002	STRESS RELIEF ALPACA	\$47.99
#332003	MINDFULNESS YETI	\$47.99
#332006	HAMMERHEAD - CONFLICT RESOLUTION	\$47.99
#332004	IBEX - INTRODUCING EMOTIONS	\$47.99

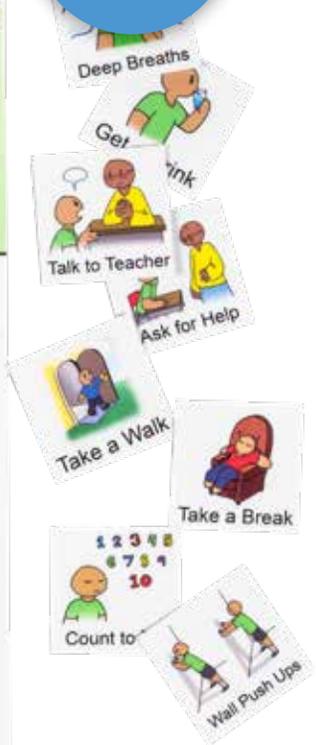
Size: 6" W x 14" L. Ages 2-8

CALMING CHOICES CHART

Help your students make good choices when feeling stressed, angry, or overwhelmed. The simple set includes a choice chart and several 2" x 2" calming choice cards to choose from. Additional blank cards allow you to customize choices to meet your student's needs. When students need to calm down, present them with the chart. Or, use it to introduce and practice new calming strategies. By giving students a choice, you are providing a visual support that helps them exercise their independence, decision making, and encourage self-soothing skills. Calming Choices include: Weighted Blanket, Weighted Vest, Take a Break, Get a Drink, Deep Breaths, Count to 10, Quiet Area, Stress Ball, Ask for Help, Talk to My Teacher, Stretch My Body, Wall Push Ups, Listen to Music, Draw a Picture, Read, Jump, Take a Walk, and Rest. Size 9" x 12"



BEST SELLER!



#100222x \$19.99

NEW!



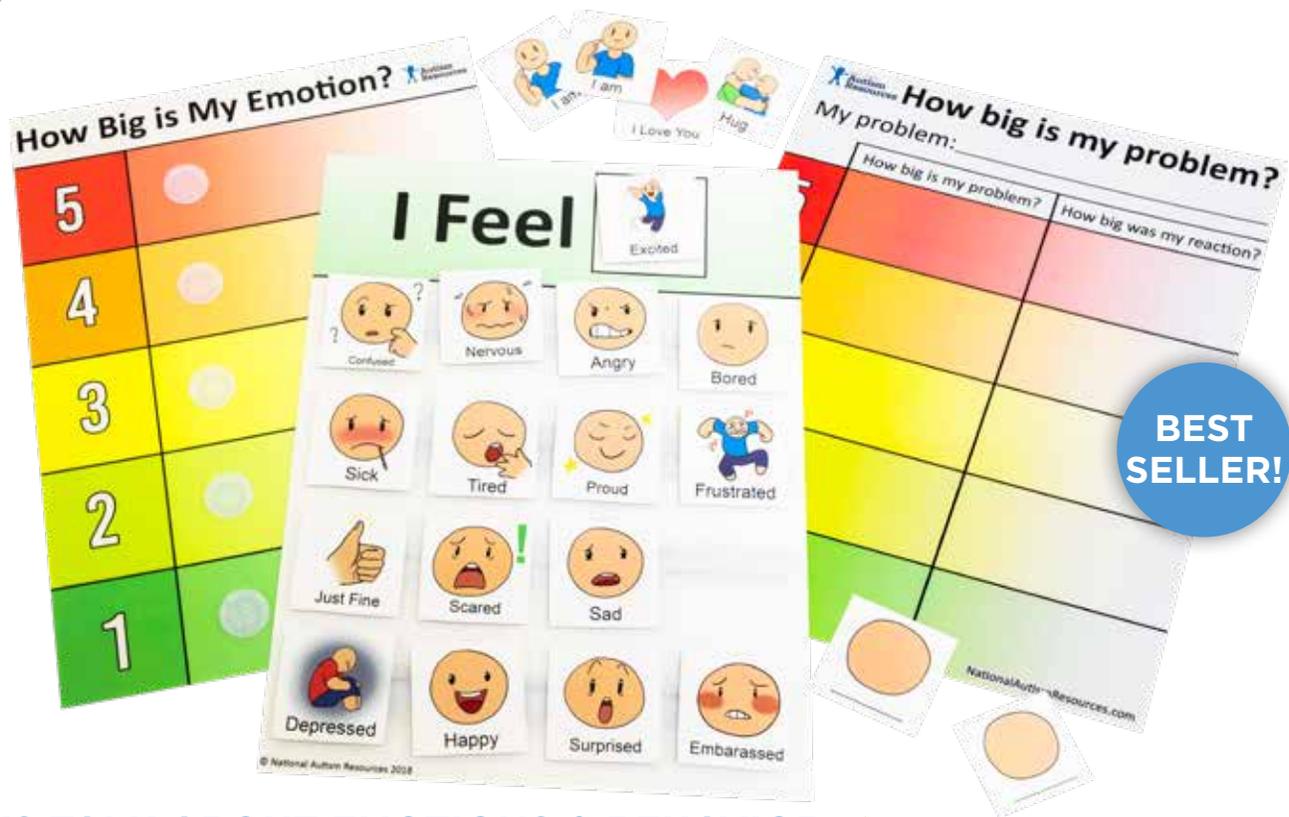
CALMING FLIP CARDS

Our Calming Choices Flip Cards provide a quick visual reminder of calming choices your students can make when stressed, frustrated, or angry. Each 3" x 3" card features a full color illustration of a calming activity. Each card is laminated so that they won't tear. A large carabiner ring keeps all of the cards together and makes them easy to manage. This set includes 17 calming activities.

Place this set inside a student's desk, clip it to a belt loop or backpack, or add it to the calming corner in your classroom.

Size: 3" x 3" x .5" Recommended for ages 3 and up.

#100228 \$15.99



LET'S TALK ABOUT EMOTIONS & BEHAVIOR ▲

Help your students learn to identify emotions, understand emotions have different intensities, and understand their own emotional responses with this resource set. Great for helping students understand that the level of their reaction to a situation may not be appropriate based on the situation. This set includes: 16 emotions and four blank faces, I Feel Chart with velcro strips, How Big is My Emotion Chart, How Big is My Problem/Reaction Reproducible Worksheet. Chart size: 9" x 12", emotion cards: 1.75" x 1.75"

#100215 \$24.99

HOW DO I FEEL/ I HAVE FEELINGS TOO ▶

These books are designed by an autism specialist to support your Social Emotional IEP goals. Each activity helps students develop the language skills and cognition to describe their feelings. Build emotional intelligence and facilitate communication with nonverbal students as they point to emotions and match the faces on different pages. Use the removable pictures for learning games and as well as communication. Each laminated book includes 18 full color 2" x 2" Velcro backed pictures and 20 different feelings scenarios.

#460531 **I Have Feelings, Too!** \$24.99
 #460524 **How Do I Feel?** \$24.99



THE FEELS SET

Join Yeti as she learns to identify emotions, express needs, and build self regulation skills for each emotion. This set includes: The Feels Book that follows Yeti as she goes on a journey with Alpaca and learns to manage her emotions. Students can use 5 mini Feels stuffed animals including calm, worried, sad, mad, and scared to match the feelings in the story. This creates a tangible way for students to interact with the story and maintain interest. A Mountain Storage Pillow has a slot for each Feels doll so that you can put them to sleep when you are done reading. Includes a resource Guide with facts about feelings, questions for reflection, suggested activities, and tips for caregivers.

#332005 \$109.99



FEELINGS DETECTIVE

Helps students understand the connection between their feelings, thoughts, and behaviors. Through common social scenarios, your students will learn the positive and negative consequences of emotion based actions. Students will learn to recognize feelings, emotional triggers, the relationship between feelings and actions, behavior consequences, and more. Memory style game format using feelings and feeling talk cards. 4 levels of game play. Play time: 20-40 minutes. 2-4 players. Grades: 1-6.

#540072 \$39.99



HOW AM I FEELING BLOCKS

Create more than 4,000 face combinations with this simple 8 block set! How Am I Feeling Blocks are the perfect way to get kids talking about emotions. Each block features colorful illustrations on each side, allowing you to pick between different eyes, mouths, noses, and hairstyles. Encourage kids to identify the emotions they made or build a face to match an emotion-- there are so many ways to play! This set is great for helping kids build emotional vocabulary, descriptive language, motor skills, and more. The large, chunky size of these blocks make them easy to hold and manipulate. High quality, sturdy construction ensures this set is built to last. Use these blocks at home or in the classroom for tactile emotion fun!

Includes 8 blocks. Recommended for ages 12 months and up.

#940060 \$39.99



NEW!



BRAIN BULLIES: STANDING UP TO ANXIETY & WORRY KIT

Brain Bullies is designed to introduce children to the principles of cognitive behavioral therapy. This set includes two games and a storybook to help students recognize anxious thought patterns and challenge these thoughts. This set empowers children to challenge negative thinking patterns, build cognitive resilience, and approach challenging situations with confidence and optimism.

The book features fun and non threatening illustrations of the “Brain Bullies.” As they read, children gain an understanding of the internal dialogue (brain bullies) that fuels anxiety. The book covers the most common distortive thought patterns and teaches children to recognize and challenge these thoughts. By learning to form alternative thoughts, children gain control over their “Brain Bullies,” boosting self-esteem and reducing anxiety. Soft-cover, 40 pages.

Brain Bullies Bingo addresses common cognitive distortions such as Jumping to Conclusions, Blaming Others, Personalization, Not Being Fair, and the Need to Always be Right. 2-16 players, playtime of around 15-30 minutes.

The Brain Bullies Card Game is a powerful tool designed to help children recognize and address common cognitive disorders in their thinking. This game encourages discussions about distortions such as Not Being Fair, Black & White Thinking, Jumping to Conclusions, Blaming Others, Personalization, and Needing to Always Be Right.

Suitable for ages 6+

#540082 \$94.99

WORRY CONTROL GAME

Use the evidence based practices of Cognitive Behavioral Therapy (CBT) to help your students manage stress and anxiety. Evidence based practices include: Education about anxiety treatment by looking at situations that trigger anxious feelings and self talk, relaxation strategies, cognitive restructuring to change unproductive self-talk with realistic thoughts to manage anxious emotions, and identifying times when anxiety was absent to help students repeat what has worked in the past. Rules for both cooperative play and competitive game play. Students will POWER ON for positive self-talk; PAUSE and either act out or describe a relaxation technique; or REWIND and describe a time in the past when they overcame a similar worry or stress. Ages 6-12.

#540075 \$29.99



THE EMPATHY GAME

Teach the importance of empathy, nonverbal social cues, and how to recognize the feelings of others in a fun game atmosphere. Through play students will examine various social situations that will prompt them to take on the perspective of another player, read nonverbal cues, and demonstrate non-verbal cues. Fosters compassion, understanding, and acceptance with lots of lively discussion. 2-4 players. Grades 3-12.

#540044 \$27.99

NEW!



ANXIETY MANAGEMENT KIT ▲

Our Anxiety Management kit is part of our Behavior Box series. This kit contains several calming items along with visual supports to help students learn to use a variety of anxiety management strategies independently.

This kit includes:

- A simple social story comic on anxiety suggesting several calming activities a student can use to help manage their stress response.
- A 1234 Relax Set that is designed to teach a simple progressive relaxation technique. This kit includes a mini poster, reminder cards, and stress ball.
- A Calming Choices Chart please see here for more information.
- A Calming Choices Flip Cards please see here for more information.
- A Weighted Shawl that will provide calming deep pressure across the shoulders, legs, and trunk when needed.
- A Vibrating Neck Pillow - you have the choice of a puppy or unicorn style.
- 1 Ooze Tube that is perfect for a mindfulness moment.

#901007 **PUPPY** \$139.99

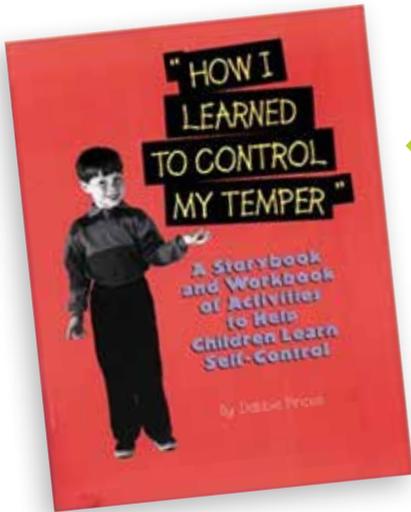
#901005 **UNICORN** \$139.99

THE ANGER SOLUTION

Relax + Talk it Out = Self Control. Designed to help students learn positive responses to anger and frustration through practice and role playing so that they can deal appropriately with real world situations. Ages 7-12. 2-4 players.



#540007	BOARD GAME	\$59.99
#540057	CARD GAME	\$27.99
#540078	KIT	\$168.99



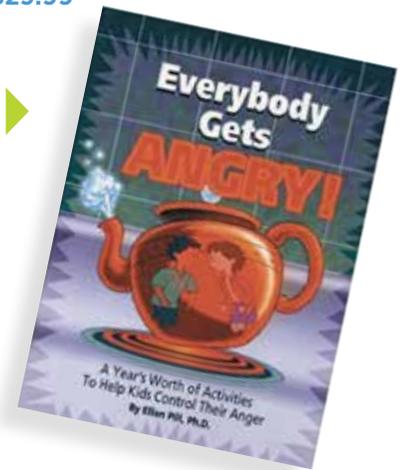
HOW I LEARNED TO CONTROL MY TEMPER STORYBOOK/WORKBOOK

This workbook/story teaches students the value of controlling their tempers through a variety of stories and activities. The story follows the journey of Michael, a young boy who struggles with controlling his temper. As readers follow Michael's story, they learn valuable lessons about identifying and coping with anger in healthy ways. The second half of the book includes 24 reproducible exercises that help students understand their anger, cope with uncomfortable feelings, build self-regulation skills, and more. Suitable for ages 6-12.

#540077 \$29.99

EVERYBODY GETS ANGRY

Includes 50 lessons to help kids learn to understand, positively express, and cope with angry feelings. Each lesson includes an activity, discussion questions, additional ideas, a reproducible handout, and extension ideas. Activities include drawing, simple art projects, writing prompts, and group exercises using easily accessible common supplies. Wire bound cover makes it easy to photocopy student handouts. Recommended for grades 4-8.

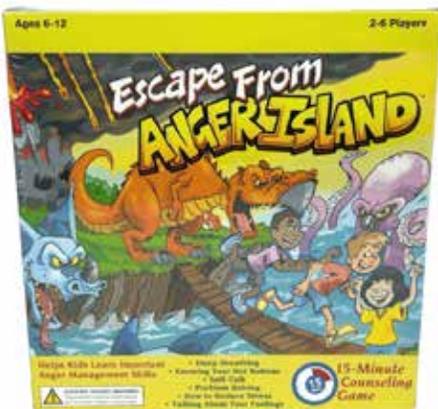


#540074 \$39.99

ESCAPE FROM ANGER ISLAND REVISED EDITION

Teach your students six vital self-regulation skills as they try to escape Anger Island while being pursued by a relentless dinosaur. The game is played in 15-minute segments that focus on mastering one anger management skill at a time, with suggested activities for additional reinforcement practice between sessions. Also includes a reproducible Anger Management Checklist and a Skills Record, allowing players to track their progress and monitor their skill development. A facilitator booklet is included, featuring comprehensive lesson plans, additional activity ideas, and thought-provoking discussion questions. 2-4 players, recommended for ages 6-10

#540081 \$59.99





STOP, RELAX & THINK GAMES & WORKBOOK

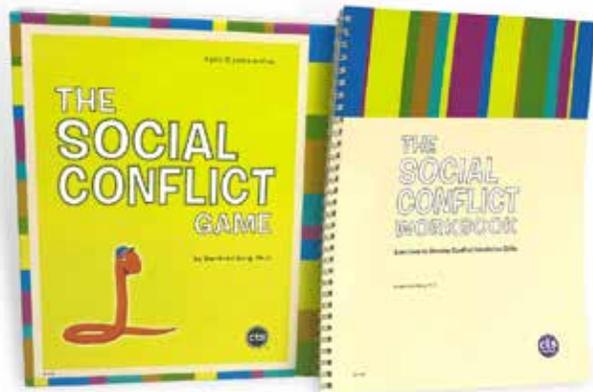
The idea of the Stop, Relax & Think system is exactly that. Learning how to stop, relax and think in difficult situations. The goal of this game is to help impulsive children to learn to communicate their emotions, improve their problem solving skills, and slow down and think before they act. Use this system at home, in the classroom, or in therapy settings to teach students to manage stress and anxiety.

#540065	WORKBOOK & CD	\$29.99
#540058	CARD GAME	\$28.99
#540069	BOARD GAME	\$59.99
#540058S	SET OF ALL 3	\$117.99

STOP, RELAX & RESOLVE CONFLICT GAME

Through play students will learn how to identify and understand different types of conflicts, recognize their own emotions and those of others, and practice effective communication and problem-solving skills. This game covers twelve conflict resolution techniques, helping players build a robust emotional toolbox for any situation. This game covers a range of potential conflicts that students might face, including teasing, sharing, stranger danger, bullying, and saying no to drugs. 2-6 players. Recommended for ages 6 and up.

#540076 \$59.99



SOCIAL CONFLICT SET

This educational kit teaches crucial cognitive and behavioral skills for resolving conflicts. Activities are designed to help students practice recognizing conflict sources, assuming personal responsibility, understanding others' perspectives, disputing aggression-justifying beliefs, anticipating consequences, utilizing assertive communication, and exercising problem-solving skills. With each activity, the workbook stimulates critical thinking and self-reflection. The game reinforces understanding of conflict sources, instills personal responsibility, promotes perspective-taking, challenges aggression-justifying beliefs, encourages thoughtful consideration of consequences, models healthy assertive behavior, and cultivates effective problem-solving abilities. Through engaging gameplay, students will practice the tools needed to navigate social conflicts with confidence and maturity. Recommended for ages 8 and up.

#540085 \$86.99



INTERACTIVE SOCIAL & EMOTIONAL BINDER

This SEL set includes 116 interactive hook and loop cards that teach proper responses to common social situations, as well as encourage a better understanding of emotions and feelings! Everything is heavy-duty laminated with hook and loop attachments. All pages are three hole punched for easy storage in the 3-ring binder!

Set includes:

- 6 What Should You Say pages with 8 Lift and Reveal panels per page.
- 3 Sorting Feelings pages with 12 Lift and Reveal panels per page.
- 4 Labeling Feelings pages with 12 Scenarios per page.
- 1 Feeling Label sheet with 30 emotion labels (including duplicates to support working with more than one student or scenario at a time).

#296009 \$169.99

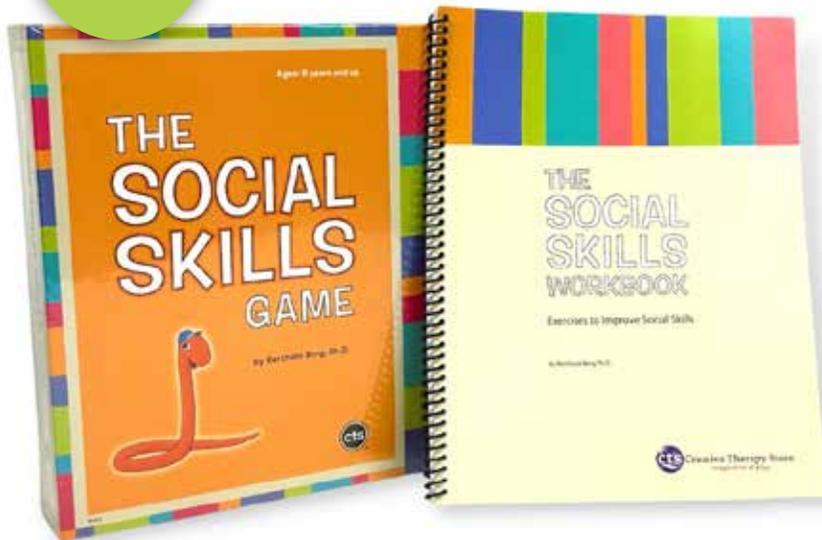
MORNING CIRCLE-TIME BINDER

Easily lead circle time discussions by presenting one theme page at a time to your students. Sturdy laminated pages cover common themes of discussion used in morning routines in preschool and special education rooms. Topics include: weather, temperature, seasons, month, days of the week, who's here today, the schedule of the school day, and more! Some pages have cards velcroed to them for interactive fun, while other pages are specially designed to be used with a dry-erase marker. This is a great way to involve the whole classroom in morning circle time.

#296011 \$89.99



NEW!



SOCIAL SKILLS WORKBOOK & GAME SET

This easy-to-use resource was developed by Berthold Berg, Ph.D. to reinforce social skills concepts, including an engaging board game and workbook designed to promote positive interaction. The workbook offers practical exercises and uses self-talk techniques to help children learn and reinforce healthy social skills. It guides children in perceiving themselves as competent, anticipating success, reducing worry, accepting mistakes, and taking credit for achievements. The game focuses on four key areas: making friends, responding positively to peers, cooperating, and communicating needs. Gameplay can be easily tailored to meet the specific needs of students. 2-4 players. Recommended for ages 8 and up.

#540084 \$86.99

HIDDEN RULES GAME SET

Play the Hidden Rules games to help your students build their social competence as they discover unwritten social rules. These simple, fun games are played in a similar style to Uno with the added element of talking about and answering social rules questions. This quick activity is great when you have extra time in class, therapy sessions, or during your social skills group. Explore hidden rules in the classroom, community, with friends & more. Ages 6-12. 2-8 players.

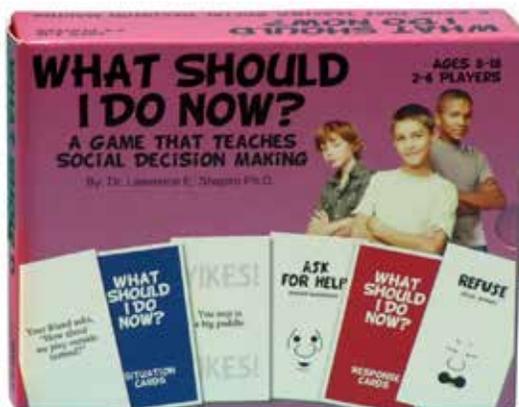
#540021S \$119.99



WHAT SHOULD I DO NOW?

Help your students learn problem solving skills for common difficult social situations. To play, students read scenarios and then they must write down their response to the scenario given. However, all answers must correspond to the type of response determined by the spinner. For instance, if the spinner landed on "selfish" players should try to think of what the most selfish response would be. Ages 8-18. 2-6 players.

#540043 \$27.99



NEW!

THE SOCIAL AND EMOTIONAL COMPETENCE GAME

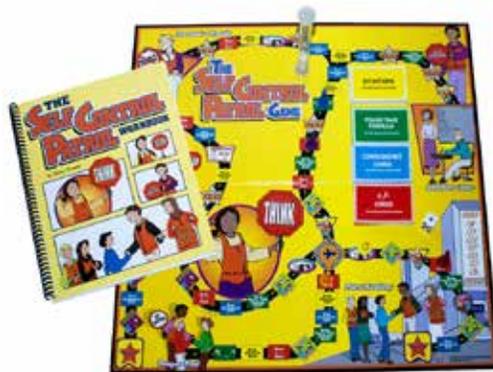


Help students build empathy, communication skills, self-awareness, social awareness, relationship skills, self-management, and responsible decision-making all while having fun. As players move their tokens around the game board they will answer questions posed on the situation cards, earning chips for each correct response. The player with the most chips at the end is the “winner.” Note: this game is difficult for anyone who doesn’t have abstract reasoning skills. 2-6 players. Ages 6-14.

#540071 \$59.95

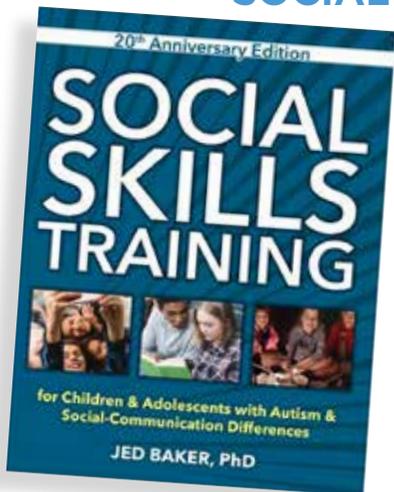
SELF CONTROL PATROL BUNDLE

Use interactive gameplay and engaging activities to foster self-control, positive communication, and emotional awareness. The workbook includes 50 reproducible activities that build skills such as self-discipline, anticipating consequences for behavior, communicating thoughts and feelings effectively, understanding the importance of following rules, and recognizing the impact of their behavior on others. 63 pages. The game creates an immersive experience to practice listening, understanding behavioral consequences, reading social cues, expressing yourself appropriately, defusing conflicts, and more. 2-6 Players, Ages 8-14.



#540088 \$99.99

SOCIAL SKILLS TRAINING 20TH ANNIVERSARY EDITION



This 20th anniversary edition includes more than twenty-five new lessons and updated research. 92 lessons will teach students how to avoid common social problems. A practical curriculum, this book includes step by step instructions and reproducible materials for your program. The simple handouts and activity pages for each skill feature suggestions for practicing the new skill at the home and in the classroom. The book also addresses how to set up social skills training, assessing students, behavior management, generalization, promoting peer acceptance, and more! Lessons Covered Include: Conversational Skills, Cooperative Play Skills, Informal Versus Formal Behavior, Self-Regulation, Empathy, and Positively Asserting Yourself.

#999208 \$39.99

TOPIC TALK

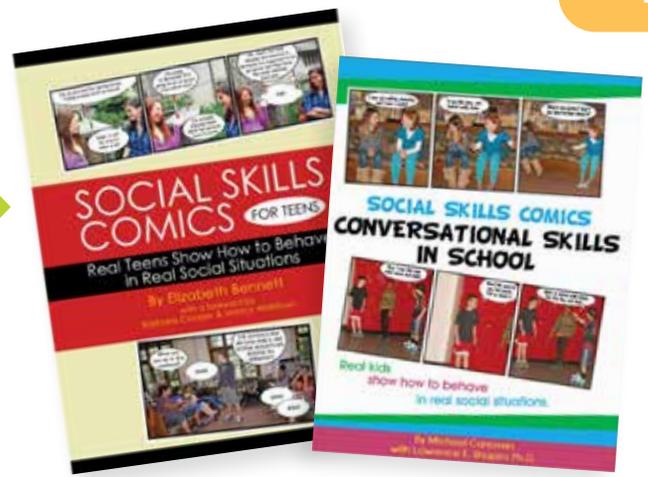
This enjoyable cooperative game creates a fun structured activity that develops a variety of conversation skills including: asking questions, voicing opinions, making comments, listening, and turn taking in conversation. 205 conversation prompt cards will get players to ask and answer questions, make comments, and maintain a conversation for a certain amount of time. Ages 7+



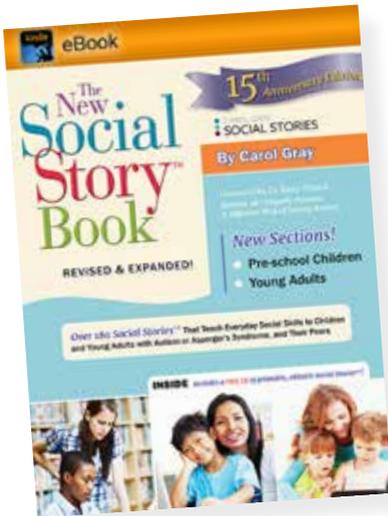
#132119 \$49.99

SOCIAL SKILLS COMICS

These books explore 25 common social scenarios that students face at school. After each comic a worksheet includes questions to help you explore each social scenario more deeply. As students learn the right and wrong way to handle social situations they will grasp the consequences of positive and negative social choices. A great resource for reluctant readers!



- #540036 **KIDS** \$29.95
- #540035 **TEENS** \$29.99



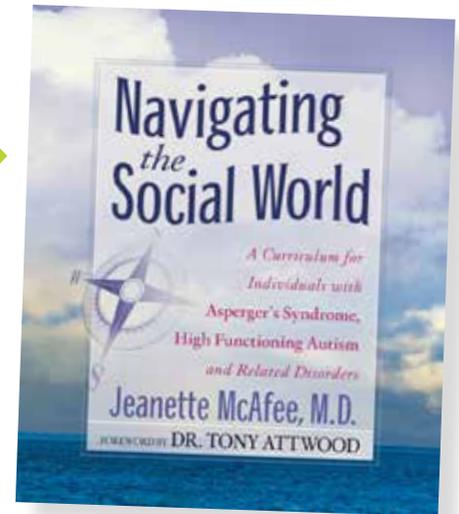
WRITING SOCIAL STORIES

Social stories are an evidence based intervention for improving socialization, decreasing frustration, and increasing independence. This book contains over 150 social stories that teach everyday social skills to your students. Stories are written to be for late elementary to middle school students. The beginning of the book will introduce you to the methodology of social stories, how to write them, and how to introduce them to your students. 480 pages.

- #999014 \$34.99

NAVIGATING THE SOCIAL WORLD

Help your students develop a wide variety of social skills and meet your IEP goals. Navigating the Social World's accessible format and easy to use lessons have been used by both parents and educators for several years. Use the reproducible handouts in social skills groups or as home assignments for additional practice. Several forms help you to track progress. 354 pages.



- #999010 \$39.99

COMMUNICATE JR



In this cooperative game, everyone's a winner as players work together to prepare for a pizza party. Flexible design allows you to adjust to individual student needs. Targets 12 social skills: Listening, Hygiene, Voice, Facial Expressions, Manners, Body Language, Ignoring, Conversations, Following Rules, Sharing & Taking Turns, Time & Place, and Eye Contact. Includes simple discussion questions about social situations that players must answer to earn party tokens. Teacher guide includes instructions, modification ideas, and tips for success. Recommended for ages 5-12

- #132132 \$69.99

Managing Overstimulation and Stress

Individuals on the spectrum frequently become overwhelmed or over-stimulated by situations beyond their control. As educators we may not always know the cause of their discomfort so it's important to have a toolbox of calming strategies to help students calm down, refocus, and get back on task. Below are some common calming techniques you can use in the classroom or community.

Create a Calming Area

Create a quiet, easily accessible area your students can go to when they are feeling stressed. This can be as simple as a corner in a room or even a small area rug with calming items behind a teacher's desk. Make sure to practice going there so the student will identify it as a safe place.

Good items for this area include:

Reduce Noise - Use a sound sponge divider to create a clear visual boundary, line the area with felt sound absorbing tiles, and make sure to provide headphones. (pg 37)

Visual Supports - Less is more here. Provide reminders of calming strategies your students have practice while in a calm state. (pg 5)

Calming Deep Pressure - Easy to access weighted items include weighted stuffed animals, lap pads, or a weighted blanket. (pg 23-25)

A Comfortable Place to Sit- Use a beanbag chair, soft carpet, squeeze seat or peapod. (pg 50-51)

Fidget Toys (pg 30)

Discreet Movement Opportunities - Use items like Stretch Bands, the Cozy Cat, the Super Cat, and more. (pg 27)

Provide a Calming Focal Point - This can be as simple as a liquid timer or a rhythmic motion style lamp. (pg 29)

SAMMY THE SLOTH

Sammy the weighted stuffed sloth is a super soft and cuddly friend! This adorable stuffed animal can be great for wiggly legs, sensory and tactile needs. Use him to help with focus and calming. His weight helps give you the comfort your students with autism, ADHD, and sensory challenges need! He provides a much better appeal than a weighted blanket or lap pad, and you can hug him all you want! Weight: 3 lbs. Size: 16" x 6" x 6".

#505102 \$64.99

Remember The Rule of One

Use the rule of one when a student is deeply stressed, anxious or in the middle of a meltdown. **Have only one person talk to the student and ask them to do only one thing.** Unfortunately, most school models of crises call for bringing in lots of people that usually all start talking at once. Rather than calming a situation this can escalate it. Instead, have one person, ideally the person who has the closest relationship with the student, ask the student to do only one thing. The task should be simple- sit in a chair, go to your calm place, or take some deep breaths.

Good Communication

Often stress happens when someone new is working with a student. Remember to communicate across team members and especially with new members. This can be as simple as creating a short "cheat sheet." Make a list of behaviors to watch for: behaviors that indicate stress, successful calming techniques and contact information for the team leader in case a quick consultation is needed.





WEIGHTED HEDGEHOG

This adorable weighted hedgehog provides calming deep pressure for young children with sensory challenges. Your students will love the soft corduroy fabric and tactile yarn nubs on the back of the hedgehog. Measures 12 L x 6 W inches. Approximately 2 pounds.

#505146 \$39.99

MINI WEIGHTED TURTLE

Your younger students with sensory needs, autism, or ADHD will love the Mini Weighted Turtle. Our cute turtle has two pounds of weight that provides just enough deep pressure and proprioceptive input for younger students. Place it on the lap during circle time or while sitting at a desk. Or carry it as a heavy work sensory activity to help kids self regulate. Size: 14" x 11" x 5". Weight: 2 pounds. Recommended for ages 2 and up.

#180501 \$64.99



WEIGHTED WOLF

Our adorable weighted wolf makes the perfect comfort companion. Your kids will love petting its soft fur. It fits perfectly on a lap during circle time or while sitting at a desk. Use it to provide soothing deep pressure to overstimulated or anxious students. Size: 12" x 12" x 12", Recommended for ages three and up. Weight: 2 pounds

#505147 \$49.99



WIPE CLEAN WEIGHTED BLANKET

This weighed blanket **never needs to be washed**. Just clean it with classroom wipes. It's a perfect option to help your students de-escalate problem behavior and manage stress and anxiety. Provides calming deep pressure across the body. The curved neck cutout keeps the blanket from bunching around the neck and face. Use it lying down or sitting in a chair. Pockets evenly distribute weight no matter where you use it.

#410210-1	XS	Wipe Clean	\$199.99
#410210-2	S	Wipe Clean	\$249.99
#410210-3	M	Wipe Clean	\$299.99
#410210-4	L	Wipe Clean	\$359.99
#410210-5	XL	Wipe Clean	\$399.99



WIPE CLEAN WEIGHTED NECK WRAP

The sturdy wipe clean weighted neck wrap provides 3 pounds of deep calming pressure across the shoulders. The sturdy vinyl cover is easily cleaned with wipes or standard classroom cleaners.

#310278 \$29.99

WEIGHTED WRAP

This wrap feels like a big hug when life gets overwhelming. Smaller than the size of a weighted blanket, it provides the deep pressure your students need to help calm their senses quickly and easily. It's easier to put on and take off than a weighted vest, providing quick comfort when needed. Use it in your classroom, sensory room, or calming corner. Size: 40" x 12" Weight: 5 pounds

#410508 \$59.99



SUPER SOFT WEIGHTED BLANKET

Soothing deep pressure can help kids recover from stress. Features two textures: soft nubs on one side and silky smooth plush on the other. Pockets are sewn throughout the blanket to evenly distribute the weight. Spot wash.
 Blue/Green Blanket: 7 pound 56" x 36"
 Grey Blanket: 10 pound 65" x 45"

#205030-7	7 LBS 56" x 36"	\$99.99
#205030-10	10 LBS 65" x 45"	\$109.99



GALAXY GEL WEIGHTED LAP PAD

Shiny stars suspended in a glittery gel provide a tactile and visual sensory experience. 5 pounds of weight calms wiggly legs and helps with focus. Size: 18”L x 10”W - 5 Pounds.

#310265 \$39.99



TEXTURED LAP PAD

This generously sized lap pad lays comfortably across the legs to provide soothing deep pressure to help your students calm down, or focus. A handle allows you to carry it from station to station or from one classroom to another. Size: 19” x 23” x 1” Weight: 5 pounds

#205025 \$39.99



ANIMAL LAP PAD

Soft fur covered lap pads features five pounds of soothing weight that fits perfectly across the lap. Provides deep pressure to help your students with autism, ADHD, or sensory needs focus and relax. Spot wash removable cover. Size: 15” x 14” x 4”

#205024 DOG \$39.99
 #205032 UNICORN \$39.99



WEIGHTED SNAKE

Use our cuddly snake as a weighted neck wrap to help with calming and focusing, or as a lap pad to help restless legs. Covered in soft plush fabric. Weight: 2.5 lbs. Size: 36” x 3.5”

#410507 \$49.99

VIBRATING NECK WRAP

Get ready for a soothing massage with these adorable vibrating neck wraps. Put it around the neck or lay it on a desk or lap for sensory exploration. Just press the button and instantly feel the calming vibrations. Makes a great addition to the calming corner of your classroom. Ages 3+. Size: 16" x 12" x 6"

- #205026-P PUPPY \$29.99
- #205026-U UNICORN \$29.99



PUPPY WRAP

2.5 pounds of weight quickly and easily provides calming pressure across the shoulders. The sensory sensitive kids will love the velvety soft corduroy against their neck. Easily take on/off in crisis situations. Sturdy construction. Machine washable.

#410005 \$59.99



SIRIUS VIBRATING MESSAGE PILLOW

This pillow provides relaxing and calming vibrations as soon as you squeeze it. It features a soft, durable corduroy cover and is foam filled. Gentle vibrations encourage relaxation and work well to calm an over stimulated person. Requires two "D" batteries (not included). Size: 12" x 12"

#390237 \$45.99



B-CALM HEADPHONES

Use audio earphones to help students block out distracting noises so that they can focus in the classroom and avoid overstimulation. These comfortable headphones come with audio engineered "acoustic shield" tracks that act as white noise, making typically distracting noises unnoticeable so that your student can concentrate. Soothing nature tracks help calm agitated students. Set includes headphones, earbuds, "acoustic shield" soundtracks, carrying bag, and an MP3 player.

#955001 \$138.99

SUPER CAT

Heavy duty 4 way stretch Lycra fits loosely and allows students to push with their arms and/or legs to increase compression and deep pressure. This self-directed sensory-rich activity often results in improved calm and focus. The hood is specially designed to keep the face clear of fabric and a wide opening at the top allows the arms to easily move in or out. You have the choice to keep the bottom open or tie it using the curved contour. Tying the bottom adds resistance for feet to push against.



#410213	XS	\$49.99
#410214	S	\$51.99
#410215	M	\$55.99
#410216	L	\$59.99
#410217	XL	\$64.99



STRETCH BAND

This lycra resistance band is ideal for developing gross motor muscles, providing proprioceptive input, and building body awareness. Your students can use it as a heavy work activity that provides just the right amount of calming deep pressure. Place it in your calming area or use it as a quick movement break to help with focus. Recommended ages 5-12.

#410509 \$19.99

1 2 3 4 RELAX

This kit will help your students to systematically tense and relax the muscles in their body to release tension and lower anxiety and frustration. This simple relaxation technique can be used discreetly in a wide variety of everyday situations. Set includes: 8.5" x 11", 3 stress balls, 3 visual cue cards 3" x 3", and instructions.

#100230K \$19.99



COZY CATERPILLAR

The Cozy Caterpillar is like a giant compression sock, providing deep pressure from the shoulders to the feet. Expertly designed to help those who struggle with anger or anxiety, need proprioceptive input, or have focus challenges. The convenient, easy to use design opens on both sides and can roll up like a sash, making it instantly available when your students need it. Features triple stitched heavy duty spandex, making it highly durable. Great for all ages!

#410126	XS	\$52.99
#410127	S	\$52.99
#410128	M	\$52.99
#410129	L	\$59.99
#410130	XL	\$64.99



JUMBO SPINNER

#505141 \$7.99



MINI LIGHT SPINNER

#110269 \$7.99



LIGHT UP STAR SPINNER

#505096 \$7.99

LUNAR LIGHT SHOW

Place this item in any room to create a calming visual focal point to help students re-center and relax. Slowly rotating colors provide a focal point to soothe overstimulated students. A remote allows you to change colors and patterns. Size: 5" x 5" x 5"

#112659 \$24.99



LIQUID TIMER

Your students will instantly become visually engaged with the Liquid Timer as two rows of soft circles sink down to the bottom. This calming visual item is great as a reward toy or can be used in your calming area. Size: 6" x 2" .75"

#500247 \$6.99



OOZE TUBE

Watch the liquid slowly flow down the Ooze Tube to calm and relax. Sure to be a classroom favorite. Size: 5" x 3" x 3"

#501348 \$9.99



SAND PANEL

Just flip over the sand panel on its hinged base and enjoy watching the sand flow down. Sturdy acrylic panel and steel frame. Size: 5.5" x 8" x 1.5"

#240236 \$24.99



DELUXE JELLYFISH LAMP

Use our jellyfish lamp to create a calming visual focal point to help your students relax. Visualization is a popular relaxation technique that involves using your imagination to help reduce feelings of nervousness. By using visualization, students can lower flight-or-fight responses that are often triggered during times of increased anxiety. Unfortunately, for many younger students and those on the autism spectrum the abstract concept of visualization can be hard to teach. Using a calming focal point to focus on provides a concrete way for students to view something relaxing to help move out of the fight or flight response.

The amazing Deluxe Jellyfish Aquarium Tower will bring the look of a beautiful saltwater aquarium to your home, school or office without the responsibility of feeding or cleaning. No maintenance required! This soothing aquarium switches from five different LED colors: red, yellow, green, blue and pink. Set includes and a low voltage AC adapter. To set up, place the included jellyfish inside the aquarium, add water and a few drops of dish soap, plug in the lamp, and enjoy.

The tower design mimics larger bubble tubes at a fraction of the cost. Turn on the lamp and watch two large jellyfish glide as ambient lights slowly change colors. This lamp features 18 LED lights. An auto-off function will turn off your lamp after four hours.

Size: 18" x 5.5" x 5.5"

Note: this electrical product and must be used with adult supervision. It is recommended for ages 15 and up.

#258004 \$109.99

“My son loves watching the jellyfish “swim” around. Everyone in the family is really enjoying this lamp. Very relaxing and soothing. We are all getting mesmerized by them. My daughter even named the jellyfish.”



FIDGET SET ▲

This ultimate fidget set is a selection of our best selling fidgets! We have specifically selected each piece of this set so that you will have a variety of textures and movement features to interact with. Based on teacher feedback, each of these items are quiet, discreet and work well in the classroom.

Please note: colors may vary. Substitutes of similar items may be made depending on inventory.

#901000 \$45.99

This set includes:

1. Twist E Beads
2. Stress-Less Gel Ball
3. Bao Bun Fidget
4. Rainbow Stringy Ball
5. Set of 3 Fidget Pencil Toppers
6. Gummi Ball
7. Magic Snake
8. Tactile Atom Ball
9. Infinite Fidget Cube
10. Bendy Man
11. Globbie Maze
12. Set of 3 Zip & Clip Bracelets
13. Squeeze Star

Focus Helpers

Free Shipping \$99 (Excludes Truck Symbol Items)

For Bulk Discounts Email: po@nationalautismresources.com

NEW!



BAO BUN FIDGET

#210123 \$5.99

NEW!



TWIST E BEADS

#210121 \$3.99



ZIP & CLIP ZIPPER BRACELET

#210110 \$2.99

INFINITE FIDGET CUBE

#112711 \$4.99

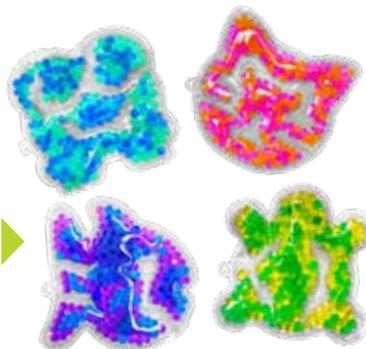


BENDY MAN

#110275 \$3.59

GLOBBIE MAZE SET OF 4

#210120S \$11.99



RAINBOW STRINGY BALL

#125010 \$3.99

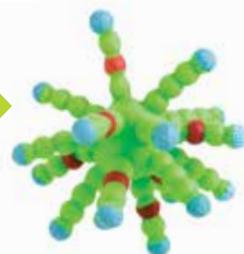


MAGIC SNAKE FIDGET

#505058 \$3.99

ATOM BALL

#112629 \$4.49



SQUEEZE STAR

#500245 \$0.99



GUMMI BALL SET OF 3

#505113-3 \$8.99



WHIRL N' WATER 2 MINUTE TIMER

#210118 \$7.99

PENCIL TOPPER SET

#900070 \$6.59



STRESS-LESS GEL BALL

With a tough inner membrane and fabric cover, this super sturdy stress ball won't pop or break with hard squeezing. Perfect for older students. Its unique rubber core is more springy than foam balls. Ages 5+

#125007 \$6.59



NEW!



FIDGET RULES TOOLKIT

Are you trying to use fidgets to increase focus and on task behavior in your classroom but having mixed results? We created the Fidget Toolkit to help! This kit gives you everything you need to introduce your students to the concept of fidgets as focus tools.

The toolkit includes:

- A selection of our most successful classroom fidgets- they provide lots of finger movement, are quiet, sturdy, and discreet.
- A colorful 8" x 13" fidgets rules poster that serves as a visual reminder of behavior expectations for your classroom.
- 5 fidget rules reminder cards 3" x 3" that you can place on a student's desk to provide a discreet reminder of behavioral expectations.
- An instruction guide with tips on how to introduce fidgets to your classroom.

#100242 \$59.99

PLAYABLE ART BALL

This is a fun quiet activity that can be taken anywhere. Larger size fidgets will get both hands moving as you play. Twenty brightly colored 1.5" birch wood balls allow you to bend and move them in a variety of directions or take them apart and rearrange the colors. Size: 7" x 7" x 2"

#770003 \$32.99



TANGLES

A teacher fidget favorite for years! Use them to help relieve stress with repetitive twisting, provide discreet sensory play or encourage fine motor development.

- A #350274 TANGLE THERAPY \$11.99
- B #350272 TACTILE TANGLE IMAGINE ... \$7.99
- C #350001 TANGLE JR \$5.99



PUSH POP SET

This fun set features three push n pop toys that will keep fidgety fingers busy. The set includes one rainbow silicone popper that measures 5" x 5" making it perfect for two handed popping, one Dino clip on popper that is perfect for fidgeting on the go, and one sturdy push n pop spinner. Recommended for ages 3 and up.

#210109 \$11.99

DIMPL DIGITS

This extremely sturdy cause and effect toy that features colorful silicone bubbles that are incredibly satisfying to pop. Use this item as a sturdy fidget in your car while traveling or as a calming cause and effect item in your classroom. Use it to teach colors, counting, or work on number recognition. Each digit is embossed with the numbers 1 through 10 along with the matching word. Recommended for kids ages two and up.

#640022 \$19.99



BUBBLE POPPER BALL

The Bubble Popper Ball is both a fidget and a stress ball. Students will love the colorful swirl design and popping fun this ball provides. Safety tested to meet all ASTM safety standards. Recommended for ages three and up.

505140 \$3.99



DIMPLE 2 GO

This sturdy fidget is quiet and has a clip so that it won't get lost.

#640016 \$4.99





NEW!

FOCUS BEHAVIOR BOX ▲

Our Focus Kit has the basic tools you need to offer positive focus solutions when students are having trouble concentrating. Includes a Fidgets Are Tools learning kit with a social story, poster, visual cue cards and a teacher guide so that you can introduce fidgets to your classroom successfully.

Movement tools include:
 Wiggle seat
 Stretch band
 Variety of classroom friendly fidgets

#2148 \$175.99

Visual supports:
 When I Can't Focus Social Story
 When I Feel Tired Social Story
 Fidgets Are Tools Social Story, Poster, and Reminder Cards
 Desktop Visual timer

Sensory supports:
 Headphones
 5 pound Weighted Lap Pad

Also includes plastic storage container.

BEST SELLER!

WIGGLE WOBBLE CHAIR FEET

Turn any chair into a kinetic wiggly seat with Wiggle Wobble Chair Feet! Increase focus by allowing individuals to wiggle, bounce, and rock back and forth as they work, providing a helpful energy outlet that's perfect for those with trouble sitting still. This is a quiet fidget, making it a great fit for classrooms and offices. Build balance, core strength, concentration, and more. Installation is easy and requires no tools-- just snap them on the bottom of chair legs and get ready to wiggle!



Unlike hand fidgets, the Wiggle Wobble Chair Feet engage the core muscles-- some of the largest muscles in the whole body. This is perfect for giving students an energy outlet as well as providing a focus-building activity. After use, simply snap the feet off and they can easily be moved to another workspace. Use them anywhere you need a focus boost!

#205008 \$24.99

BOUNCY BANDS

Have an active student? Attach Bouncy Bands to the student's chair or desk to give them a discrete movement solution in class. Great for providing an outlet for over-active, frustrated, or anxious kids, the heavy duty band won't break as your students kick and push against it with their feet. Discreet, effective, and non-intrusive to other students.

#205001	13" - 18"	Elementary Chair Legs	\$15.99
#205002	17" - 24"	Middle/High School Chair Legs	\$16.99
#205003	20" - 28"	Standard Desk	\$16.99



WIGGLE SEATS WITH PUMP

Give your students with ADHD and attention challenges the movement of a therapy ball with more stability and less distractions to fellow classmates. Sturdy wiggle seats include a pump for easy inflation. Antimicrobial version available.

#201005	CHILD (27 CM)	\$19.99
#201006	ADULT (33 CM)	\$24.99
#205006	ANTIMICROBAL CHILD (27 CM)	\$20.99
#205007	ANTIMICROBAL ADULT (33 CM)	\$24.99



BALL CHAIR WITH LOCKING CASTERS

No more rolling balls in your classroom! You'll never have to worry about rolling balls in your classroom again with this sturdy, innovative design. Locking casters will keep the small exercise ball in place when needed. This is a great dynamic seating option for students who need to move who may also have some coordination challenges. Provide all of the active seating of a ball with the stability of a chair! Max weight: 300 lbs. Size: 50 x 60 x 79cm.



#940019 \$149.99



BURST RESISTANT THERAPY BALL

Use this ball in the classroom to provide lots of movement opportunities for students and help fidgety kids stay seated while working. Use it in your clinic, adaptive PE, or physical therapy program to build and strengthen abdominal, back, and leg muscles.

#200645	XS (17")	\$28.99
#200655	S (21")	\$28.99
#200665	M (25")	\$28.99
#200675	L (29")	\$29.99
#20002	XL (33")	\$31.99

PEANUT BALL

Unique peanut shape that provides the opportunity for dynamic seating with the benefit of added stability. An excellent choice for those with stability or gross motor challenges. The thicker material makes this a durable choice for schools and gyms. Max Load: 300 pounds

#200250	YELLOW 16" x 35"	\$39.99
#200251	ORANGE 20" x 39"	\$39.99
#200252	GREEN 24" x 43"	\$59.99
#200253	RED 28" x 47"	\$69.99
#200254	BLUE 32" x 51"	\$74.99





NOISE REDUCTION EAR MUFFS

Help kids with autism and sensory issues manage sound challenges. Great to use during assemblies, lunch room, or fire drills. Ear muffs help muffle sound when students need to concentrate. Originally made for the shooting range, these ear muffs can also help during fire drills.

#902701 \$24.99



VIBES EARPLUGS

Originally made to dampen noise at concerts. These earplugs help students that are easily distracted or help the sound sensitive concentrate in the classroom. They are a great inclusion option because of their discrete design. Includes an attachable cord, making them easily accessible.

#902705S \$33.99



B-CALM HEADPHONES

Use audio earphones to help students block out distracting noises so that they can focus in the classroom and avoid overstimulation. These comfortable headphones come with audio engineered "acoustic shield" tracks that act as white noise, making typically distracting noises unnoticeable so that your student can concentrate. Soothing nature tracks help calm agitated students. Set includes headphones, earbuds, "acoustic shield" soundtracks, carrying bag, and an MP3 player.

#955001 \$138.99



DISCOUNT EARMUFFS

Our Discount Ear Muffs are perfect for children and teens with autism that need help blocking out background noises. These cushioned ear muffs feature a 25 decibel noise reduction rating. They were originally designed for OSHA safety compliance for busy job sites but work perfectly in the classroom.

#390011 \$12.99



RED DISCOUNT EARMUFFS

These Hearing Protectors are comfortable and easy to slip on and off. Use them at home, in the classroom or out in the community. They have a noise reduction rating of 26db, with an adjustable head strap and ear cups. This item meets EN352.1 and ANSI S3.19.

#100241 \$11.99



VENTURE EARMUFFS

The Venture noise reduction earmuffs feature a cushioned headband, comfortable fit, and stylish colors. They also fold up for easy transport. With a noise reduction rating of 25dB your students won't hear most background noise. Additional padding along the inside of the headband make the Venture Noise Reduction Headphones a good option for the sensory sensitive.

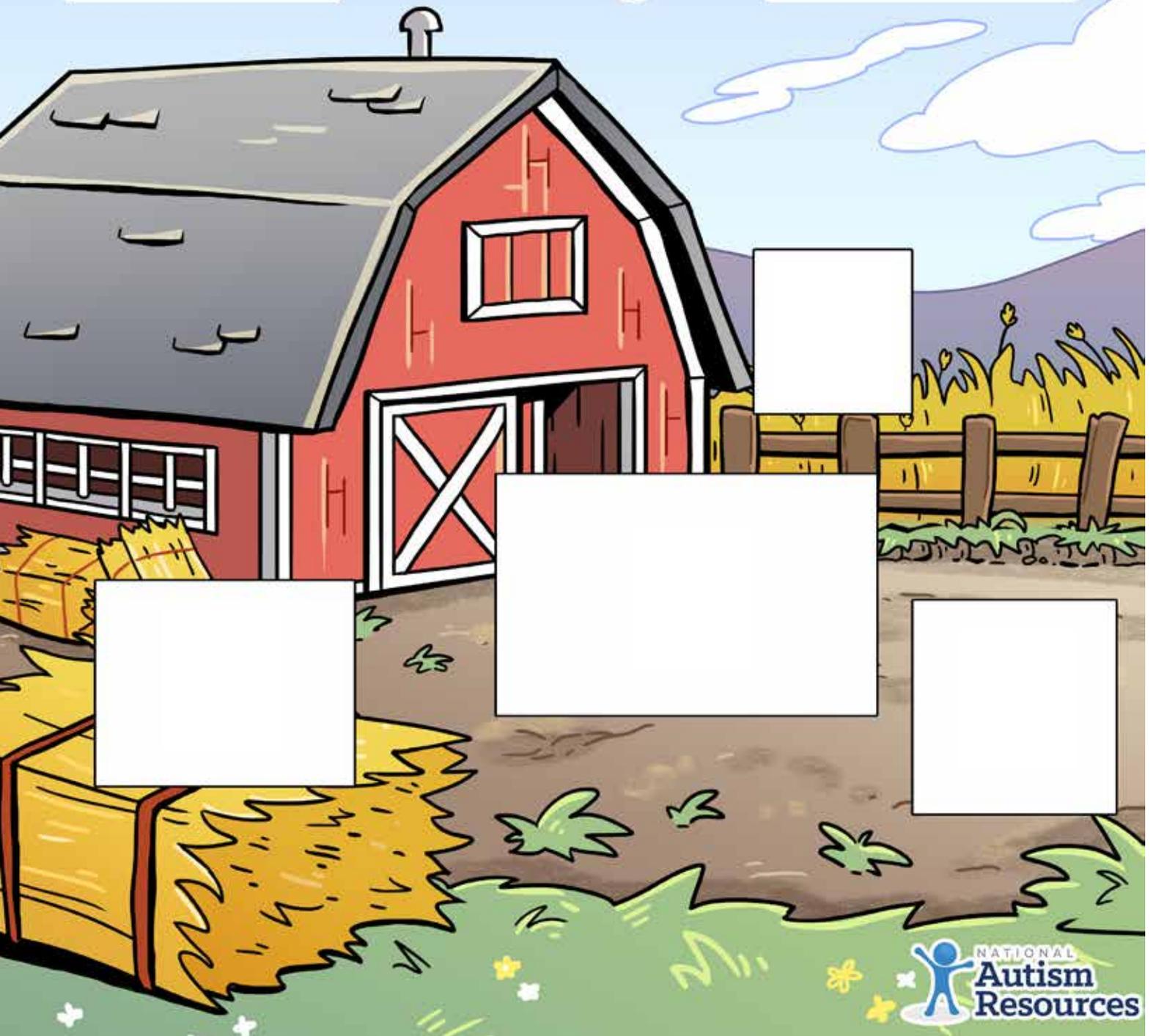
#390015-G GRAY \$24.99

#390015-T TEAL \$24.99

#390015-PR PURPLE \$24.99

#390015-P PINK \$24.99

_____ is working for _____





TOKEN BOARD

Work on one goal, behavior, or task with our token boards. This easy to use reward system provides positive reinforcement for on task behavior. Place a picture or write the reward your student is working for in the blank box. Each board is laminated and includes plastic reward stars. Size: 11" x 4"

#100220-3	3 STAR	\$6.99
#100220-4	4 STAR	\$6.99
#100220-5	5 STAR	\$6.99
#100220-S	SET	\$14.99

TIME TRACKER MINI

This timer stays green, then turns yellow to warn time will soon be up, and finally red as it counts down the time. This progression allows highly visual students to understand how much time is remaining with just a glance. Use it on a student's desk or to help kids stay on task at a center. Size: 6.1" x 4.1" x 4.1"

#590002 \$28.99



DESKTOP COUNTDOWN TIMER

As time goes down the red disc disappears. When time is up, your student hears an alarm. Set it quickly by just turning the dial on the front of the clock. 60 minute timer. Size: 3" x 3" x 2.25"

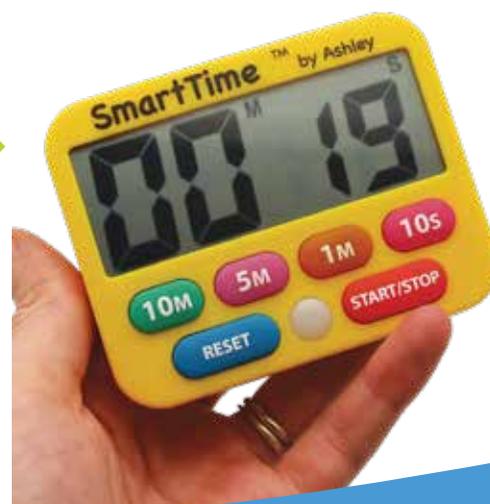
#320010 \$24.99



SMARTTIME TIMER

This 4" x 3" timer features large, easy to read numbers. Set the timer with a press of a button in increments of 10 minutes, 5 minutes, 1 minute, and 10 seconds. When time is up, the alarm will beep and flash. Beeping sound is optional. Includes a built in stand, hooks, and magnets allowing you to mount it to a wall, hang it on your magnetic white board, or stand it up on your student's desk. Size: 4" x 3" x 4"

#320015 \$19.99



Easy to Install!



Indicates Drop Ship

SUPERACTIVE SENSORY ROOM

#987010 \$17,999.99

- LED Bubble Tube, Platform, Mirrors and Controller
- Interactive LED Fanlight
- LED Infinity Tunnel and Controller
- 1 Aurora Projector, Rotator and 3 Effect Wheels

- Superactive LED Fiber Optic Bundle
- LED Fiber Optic Cascade
- LED Light Spreader and Controller
- 1 Bean Bag

Sensory Room & OT

Free Shipping \$99 (Excludes Truck Symbol Items)

For Bulk Discounts Email: po@nationalautismresources.com

Low Maintenance



CALMING SENSORY ROOM

#987011 \$9,574.99

- LED Bubble Tube, Platform, and Mirrors
- 60" LED Bubble Tube
- Mirror Ball Bundle
- 1 Aurora Projector, Rotator and 3 Effect Wheels
- Fiber Optic Star Carpet
- Fiber Optic Softie
- Basic Sound System and 5 Calming Sounds CDs

Sensory Room & OT

Order Online at NationalAutismResources.com

Call to order 877-249-2393

Fax POs 877-259-9419

Designed to Work Together



UNDERWATER ADVENTURE

#987042-C	CALMING	\$8,499.00 (NO CONTROLLERS)
#987042-S	SUPERACTIVE	\$10,499.00 (NO CONTROLLERS)
#987042-I	IRIS	\$10,499.00 (CONTROLLERS WITH IPAD/PHONE CONTROL)

- LED Bubble Tube, Platform, Mirrors and Swimming Fish
- Fiber Optic Jellyfish (Calming, Superactive, or IRiS)
- Fiber Optic Anemone (Calming, Superactive, or IRiS)

- Aurora Projector, Rotator and 2 Effect Wheels
- Sound system and 2 Sea themed CDs
- 6 Fish decals sets

Sensory Room & OT

Free Shipping \$99 (Excludes Truck Symbol Items)

For Bulk Discounts Email: po@nationalautismresources.com

Sensory Kits for Every Size of Space



SENSORY CORNER BUNDLE

#987012 \$7,499.99

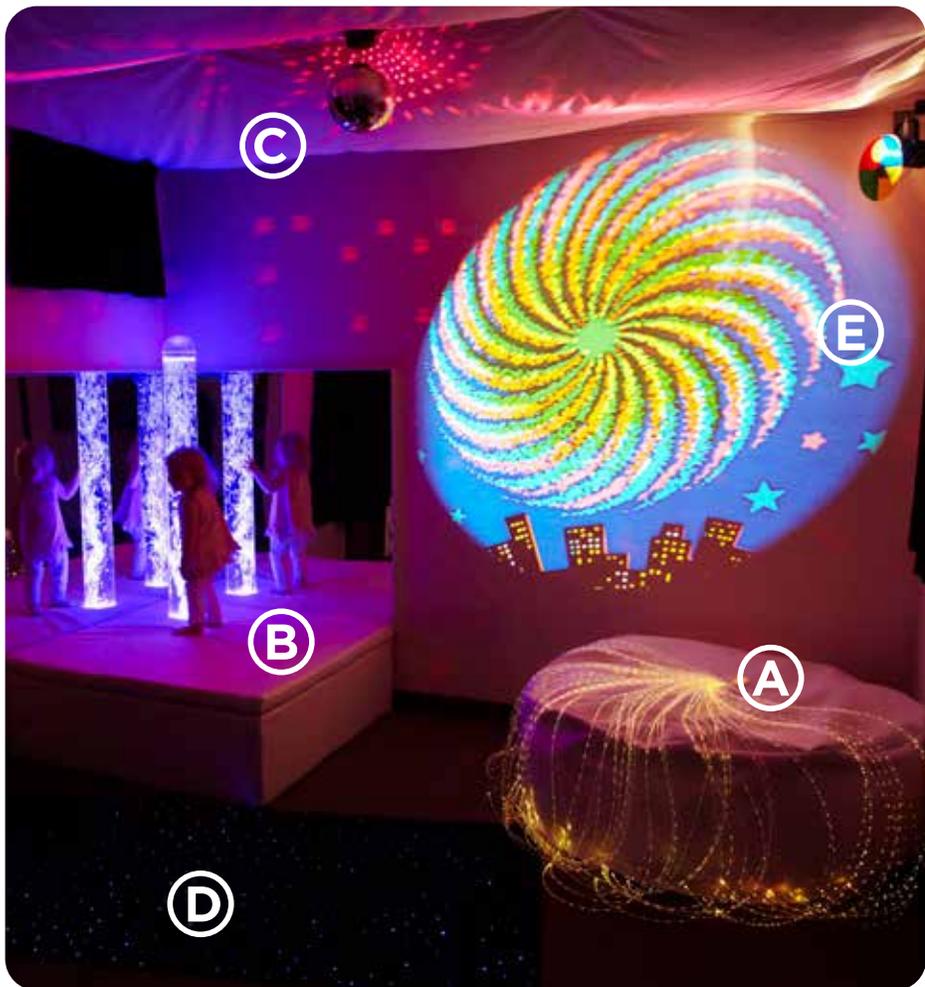
- LED Bubble Tube, Platform, and Mirrors
- 9 Way Wireless Controller
- Aurora Projector, Rotator and 2 Effect Wheels
- LED Fiber Optic Bundle
- 2 Calming Sound CDs

Sensory Room & OT

Order Online at NationalAutismResources.com

Call to order 877-249-2393

Fax POs 877-259-9419



(C) MIRROR BALL BUNDLE 

Watch hundreds of lights dance across your walls with the Mirror Ball Bundle! To use, shine the pinspot light on the Mirror Ball and watch as the light scatters across your space! The rotator can be mounted flush with the ceiling, or on a hanging hook. Easily select a different color with the press of a button, or pick from more than a dozen automatic color changing modes. Includes mirror ball, rotator (battery operated), and Pinspot light that plugs into a standard 110v outlet.

#987045 **\$169.99**

(D) FIBER OPTIC CARPET W/ LIGHT SOURCE 

This multi-sensory fiber optic carpet features tiny fiber optic lights that create a pattern of stars throughout the black carpet. The stars slowly change colors and are calming and soothing to watch. It's perfectly safe to lay on the carpet, creating an accessible multi-sensory experience that can help de-escalate problem behavior. The light source plugs into a standard 110 volt outlet and must be kept out of reach for safety.

Size: 40 x 79 x 2 inches

#987019-C **STANDARD** **\$1,999.99**

#987019-S **INTERACTIVE** **\$2,399.99**

(E) AURORA LED PROJECTOR 

Dramatically change the look and theme of your sensory room with the Aurora LED Projector. This projector casts vibrant images that can rotate on the walls, ceiling, or floor, allowing you to easily transform the look and feel of your sensory room. Keep students interested with the variety of effect wheels. This set includes: Aurora LED Projector, Wheel Rotator, and 5 Effect Wheels.

#987007 **\$1,399.99**

(A) FIBER OPTIC SOFTIE 

Sensory seekers, anxious, over-stimulated, or restless students will enjoy interacting with this multi-sensory bean bag cushion. Soft vinyl fabric, glowing lights and interactive fiber optic strands provide abundant amounts of calming sensory input. Your students will love sinking into the beanbag and interacting with the fiber optic strands. The strands conduct light but never heat up, making them safe to hold or drape across your students. Compatible with a standard outlet. Set includes beanbag, 100 fiber optic strands, and light source. Size: 53" D x 18" H.

#987008-C **\$2,199.99**

#987008-S **\$2,399.99**

#987008-I **\$2,549.00**

(B) BUBBLE TUBE PLATFORM 

Soft vinyl surface for students to relax on while watching the bubbles rise and shimmer. Phthalate-free vinyl is easy to clean and sanitize. Hole accommodates any 6" diameter bubble tube.

#987001 **CURVED-MEDIUM** 36" W X 36" L X 16" H **\$999.99**

#987001-L **CURVED-LARGE** 48" W X 48" L X 16" H **\$1,199.99**

#987002-M **SQUARE-MEDIUM** 36" W X 36" L X 16" H **\$899.99**

#987002 **SQUARE-LARGE** 48" W X 48" L X 16" H **\$1,199.99**



BUBBLE TUBE CORNER

Easily create a calming and visually engaging focal point for your sensory room with this Bubble Tube Corner kit. Anxious, over-stimulated, students will begin to relax as they watch air bubbles shimmer and flicker, reflecting the soft glowing LED lights. Students will love sitting on the soft, comfy, padded platform as they interact with the bubble tube. Mirrors create the illusion that there are multiple tubes in the room. This rewarding activity is something your students will look forward to seeing again and again. Each sturdy six inch wide tube is made of shatter resistant acrylic and features a low maintenance LED light source. You never have to worry about changing any light bulbs. Choose from the Calming version that automatically slowly changes colors or the Superactive version that allows you to control the colors by using an interactive controller.

This set includes:

- 1 60" Bubble Tube
- 2 48" H x 36" W Mirrors
- 1 Bubble Tube Platform: 16" H x 36" W 2 38" L
- 1 Bubble Tube Bracket
- 1 Bottle of BCB and Bubble Tube pump for easy maintenance

#987020-1	CALMING	\$3,799.99
#987020-2	SUPERACTIVE	\$4,499.99



**BEST
SELLER!**

SENSORY COCOON

Your students will love climbing into the sensory cocoon. Watch bubbles flow up the bubble tubes as the fiber optic strands provide a twinkly light. Acrylic mirrors at the top LED curtain create the illusion that the lines of light continue onto the ceiling. Fiber optic strands do not conduct electricity, so they are completely safe to touch and explore. Choose from the Calming option that slowly changes colors or the Superactive version that comes with a controller that allows you to change colors. Plugs into a standard 110v outlet. Requires 8' clearance. Platform and fiber optics create a 48" in diameter footprint from the corner of the room. Set includes: Bubble Tube, Platform, Fiber Optic Lights, 1 Pair of Acrylic Mirrors, Bubble Tube Bracket, hose, pump, and treatment fluid for controlling algae and bacteria. Size: 48" in diameter

#987018-1	CALMING	\$6,299.99
#987018-2	SUPERACTIVE	\$7,799.99
#987018-3	IRIS	\$8,499.99

Sensory Room & OT



CASCADE FIBER OPTIC WALL

Creates a beautiful curtain of illuminated fiber optic strands to watch and manipulate. Perfect for helping individuals calm down and relax, each fiber optic strand has no electricity running through it, making the strands completely safe to touch and explore. Easily accessible for wheelchair users with a swiveling, wall-mounted bracket. Mount on a wall or doorway for a beautiful curtain of light perfect for sensory rooms and other calming spaces!

#941101	39" W X 78" L	\$1,349.00
#941102	47" W X 78" L	\$1,429.99

**BEST
SELLER!**



MOBILE SENSORY CART



Transform any room into a relaxing, sensory room within minutes. Sturdy cart features heavy duty locking casters that make it easy to move and lock into place when you are ready to use it. Students will enjoy sitting on the padded platform as they explore the bubble tube, star carpet, and fiber optic strands. No electricity runs through the fiber optics, only lights so they are safe to touch and interact with. Plugs into a standard 110 volt outlet. Choose from the Calming option that slowly rotates colors or the Superactive option that includes a controller that allows you to change the colors. Size: 28" H x 48" W x 48" D

Includes: 40" bubble tube, 2 Acrylic Mirrors, 150 fiber optic strands, fiber optic carpet panel.

#987021	CALMING	\$7,499.99
#987070	SUPERACTIVE	\$8,799.99



FIBER OPTIC SPRAY

Our sprays are perfect for laying across the floor, a soft mat, or bean bag for soothing visual stimulation and tactile exploration. There is no electricity that passes through the fibers - just light. Unlike cheaper fiber optics that use a glass fiber core, this one uses Plastic Optical Fiber (PMMA) that is certified and has a UL listed certification. A remote control allows for color choice and color-cycling effects.

#941104	100 TAILS AT 39"	\$799.99
#941105	100 TAILS AT 78"	\$999.99
#941106	200 TAILS AT 39"	\$899.99
#941107	200 TAILS AT 78"	\$1,049.99
#941108	200 TAILS AT 156"	\$1,599.99



NEW!



INTERACTIVE SOUND PANEL 

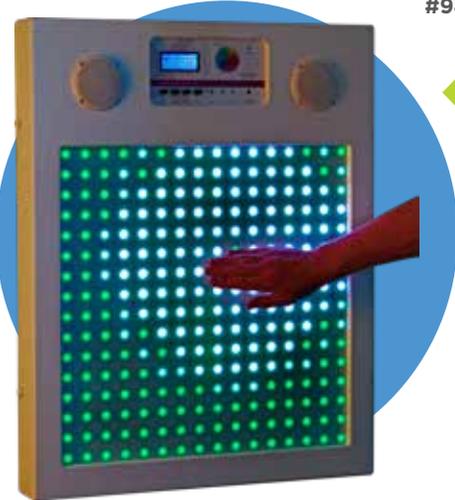
This item will make a great addition to your sensory room. As your students make sounds they will get immediate positive feedback through the visual display panel. Great for encouraging your students to vocalize. Use it to teach communication, cause and effect, color and shape recognition, develop fine motor, hand eye coordination, tracking skills and more. Whenever you make a sound you get a response - talk, clap your hands, play an instrument, or blow a whistle. Several different modes provide lots of interactive fun and keep your students engaged. Size: 37" x 31" x 13"

#987025 **\$3,999.99**

 **LED INFINITY TUNNEL** 

A series of LED lights and mirrors creates the illusion of a tunnel of lights that stretches into infinity! Provides a calming distraction for anxious or distressed students. Latest LED technology produces vibrant colors that never fade with bulbs will never burn out making it almost maintenance free! Plugs into a standard 110v outlet. Two options to choose from- calming: slowly changes through a rainbow of colors or Superactive that includes a wireless controller with 8 buttons. Clients can control up to 8 colors. Size: 20½ W x 23" H x 4½ D.

#987034-C **CALMING** **\$2,299.99**
 #987034-S **SUPERACTIVE** **\$2,549.99**



MUSICAL TOUCH WALL 

Provides compelling visual and auditory feedback to simple touch input, providing calming stimulation that users will enjoy. Use it to teach cause and effect, motion tracking, color recognition, shapes, motor skills, hand eye coordination, and more. Soft LEDs light up, pulse and change color when touched. This product is designed to last for years. No need for bulb replacements, making it virtually maintenance free. Easily change light colors, speed of the effects, how long the effects last before they fade, and volume. Choose between a wide variety of interactive modes featuring shapes, numbers, finger trailing, ripples, splats, and snakes. Size: 37" x 31" x 13"

#987009 **\$4,299.99**

 **BUBBLE MIRRORS** 

Now you can provide highly engage visual experiences for your sensory room or development center with our bubble walls and mirrors. Each design is made of shatter resistant acrylic. We offer a Bubble Mirror wall with the accompanying hardware to hang it or mix and match individual mirror styles to suit your sensory space.

#947101 **BUBBLE MIRROR WALL** **\$1149.99**
 #947103 **CONCAVE BUBBLE MIRROR** **\$649.99**
 #947102 **CONVEX BUBBLE MIRROR** **\$599.99**





ADAPTIVE CLIMBING WALL

Create a mindful and purposeful exercise experience for students of all abilities. A magnetic whiteboard surface allows you to incorporate extra visual supports and learning opportunities.

Each 4' dry-erase panel includes 4 grab-bar style hand holds, 2 foot ledges, 66 t-nuts and holes, 20 hand holds (in a variety of styles), Color-coded climbing routes, Red-relief Line®, 2" mats in red or blue, Mat-Locking® System, and Educator Guide.

ITEM#	SIZE	PRICE
#830010-20-4	8' x 4'	\$2,349.00
#830010-12	8' x 12'	\$6,999.00
#830010-20	8' x 20'	\$10,999.00



THE CLIMB-ABLE™ WALL



Designed to give beginning climbers success. It's compact size (only 4' wide) makes this a great option for your sensory room or recreation area. The wall includes 66 pre-drilled holes and 20 WeeKidz® hand holds so that you can create a variety of climbing experiences. This set includes a climbing wall, 20 Hand Holds, and an activity guide. Size: 4' wide and 7.5' tall.

#80030-1	WALL ONLY	\$1,129.00
#80030-2	WALL AND 2" RED MATS	\$1,499.00
#80030-3	WALL AND 2" BLUE MATS	\$1,499.00



TYKE TOWER CLIMBING WALL

Get preschoolers climbing to build gross motor skills, problem solving, focus, and more with this innovative freestanding climbing wall. 176 preset placement options allow you to make a wide variety of climbing experiences. Wall encourages students to climb horizontally instead of vertically. Safety mats meet ASTM Standard F1292-14 for impact. The large, easy to grab handholds are color coded by difficulty level and are designed for young children. Easily disassemble the tower and move it outside temporarily, store it, or transport it to another location. Includes four 5' x 4' climbing panels, 16 2" mats, 80 hand hold, and a teacher guide. Recommended for ages 3-6.

#80035-S	STANDARD	\$6,999.00
#80035-M	MAGNETIC	\$7,749.00



SOUND SPONGE DIVIDERS

Use these dividers to easily create quiet, small spaces in your therapy center or classroom. The spongy, thick construction is great for creating sound absorbing individual work spaces or to make a separate area for individuals to relax, calm down, or self-regulate. The lightweight design of these dividers make them portable, easy to reconfigure, and compact. Just roll them up for storage. Two low-profile support feet provide stability. Optional support feet and magnetic strip allows you to attach your dividers to a wall for extra support. Comes in Blueberry, Slate Blue, or Natural Tan. Shipping charges apply.

#860002	30" x 6 ft	\$659.99
#860003	30" x 10 ft	\$985.99
#860033	4 ft x 6 ft	\$925.99
#860005	4 ft x 10 ft	\$1,299.99
#860006	Extra Support Feet	\$99.99
#860007	Corner Post	\$139.99
#860008	Magnetic Divider Wall Strip	\$39.99

UDINE HAMMOCK CHAIR

The Udine Hammock Chair is a comfortable, sturdy, and easily portable solution to provide gentle rocking and calming vestibular stimulation. The hammock offers versatile relaxation with its wide reclining area, accommodating both sitting and lying positions.

Choose from two options: soft cotton and sturdy, easy-care polypropylene fiber. The wooden stand is made from FSC™-certified sustainable eucalyptus.

Thanks to its compact dimensions, it takes up little floor space, making it perfect for a wide variety of environments. Effective, comfortable, and durable enough to last for years, The Udine Hammock Chair is a great choice for use in the home, classroom, or clinic.

Please note: the Udine chair is designed for gentle rocking. If your client is prone to intense rocking or desires intense vestibular input we do not recommend this chair.

Store in a dry place when not in use. Requires approximately 3.8' x 3.8' floor space with a height of 2.1'. Ensure at least 2.6' clearance from surroundings.

Max weight: 285 lbs.

#331231	Blue Cotton	\$499.99
#331232	Zebra Cotton	\$499.99
#331235	Weather-Resistant Orange Toucan	\$499.99
#331234	Weather-Resistant Sea Salt	\$499.99
#331236	Weather-Resistant Almond	\$499.99





CRASH PAD

Your students will love jumping, crashing, cuddling, and relaxing with the crash pad. Great for safely burning off energy, gross motor play, and building body awareness. Or, add it to your calming area as a safe spot for stressed, agitated, or lethargic students to rest. Use it with a weighted blanket to help students calm and de-escalate. The surface is made with a durable blue nylon cover that easily wipes clean. Made with heavy duty industrial stitching and safe long lasting foam. Suitable for students up to 150 pounds. Size: 5' x 5'.

#310091	CRASH PAD	\$229.99
#310092	CRASH PAD & EXTRA COVER	\$299.99
#310093	CRASH PAD & COZY COVER	\$299.99

COZY COCOON BEANBAG CHAIR

Your students will love sinking into this extra-large cozy cocoon chair. Use it for a calming corner, story time, or even to take a nap.

This six foot cushion can double as a crash pad if you lay it flat. Filled with supportive shredded foam that won't collapse under a teen or adult's weight. Inner liner keeping the foam out of reach.

The plush cover easily zips off and is machine washable.

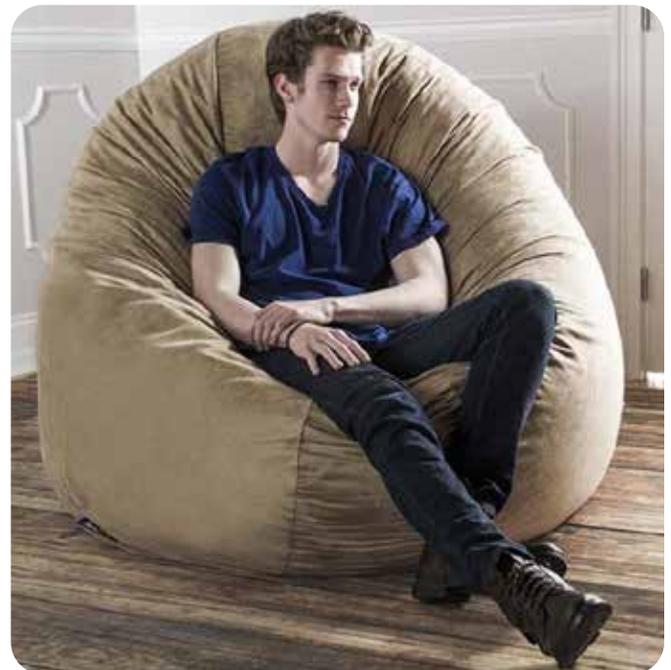
#960203	CAMEL	\$399.99
#960205	NAVY	\$399.99
#960206	BLACK	\$399.99
#960201	AQUA	\$399.99
#960202	PURPLE	\$399.99



KID'S COCOON BEAN BAG CHAIRS

A smaller version of the 6' Cocoon bean bag chair with kid friendly colors. Size: 45" x 45" x 16"

#960103	BLUEBERRY	\$135.99
#960104	GRAPE	\$135.99
#960101	CHERRY	\$135.99
#960102	LIME	\$135.99





◀ ROMANO STAND & CHAIR

Your students will love this super soft hammock chair that’s so comfortable to snuggle in. Use it to provide a calming swaddling effect as a de-escalation strategy, or as a safe calm down spot in your classroom. Students can gently rock themselves to help with focus and concentration. This is a great option for facilities that don’t have space for a swing. The hammock design provides mild vestibular input and is a great alternative when a swing is not available. The chair hangs from an incredibly stable steel frame with a load bearing weight of 353 pounds. Its 5’ x 5’ footprint makes it perfect for your sensory room or calming area. Set includes steel swing chair frame, chair, and suspension rope. Size: 7’ 5” x 5’ 3”.

#331211 \$599.99

SQUEEZE SEAT ▶

Innovative design gives students a calming deep pressure “hug” to help their systems organize. Covered in durable vinyl with reinforced stitching. The bottom of the chair has a small flat section that provides stability. Max Weight: 150 pounds Size: 29” x 13” x 25” Ages: 2-12 years.

#205037 \$299.99



◀ HUGGING PEAPOD

Easily provide your students the deep pressure they need to help them calm down, focus, and pay attention. This comfy canoe makes a great calm down spot for your classroom, or reading “chair” to assist with focus and concentration. Use it with a clipboard as a homework spot. The strong vinyl construction and triple-welded seams ensures that this therapy resource is built to last. The velvety surface is made with comfortable flocked vinyl. Surface-washable. Latex free. Includes pump for easy inflation.

- #102500-3 **SMALL BLUE** \$109.99
- #102500-1 **SMALL GREEN** \$109.99
- #102500-4 **MEDIUM BLUE** \$119.99
- #102500-2 **MEDIUM GREEN** \$119.99
- #102500-7 **MEDIUM PURPLE** \$119.99
- #102500-6 **LARGE BLUE** \$159.99
- #1102500-5 **LARGE GREEN** \$159.99





GROSS MOTOR SKILLS STARTUP SET

This set provides balance beams, hoops, poles, bean bags, directional indicators and a user-guide full of activities in one handy carry bag. Perfect set for therapists who work with several facilities. This set can be used with all ages and is great for indoor or outdoor play. Set includes: 12 Half Bricks, 8 Bricks, 4 Hoops (14 inches), 4 Hoops (24 inches), 16 Poles (14 inches), 8 Poles (28 inches), 24 Clips, 10 Bean Bags, 4 piece Balance Beam, 6 pairs of Hand prints, 6 pairs of Footprints and 1 carrying bag. Ages: 3-10

#361055 \$995.99

FLOOR SURFER

Unique tapered design provides a wide range of movement opportunities for your student's arms. Wheels are set far enough underneath the board so that students won't roll over their fingers. A semi padded top is comfortable to lay on. 23 x 15 x 5 inch board provides lots of room for sitting, scooting, or laying down. Max load: 220 pounds. Ages 3+

#950005 \$147.99



ROTATOR

Unique tapered design provides a wide range of movement opportunities for your student's arms. Wheels are set far enough underneath the board so that students won't roll over their fingers. A semi padded top is comfortable to lay on. 23 x 15 x 5 inch board provides lots of room for sitting, scooting, or laying down. Max load: 220 pounds. Ages 3+

#950037 \$132.99



WHIZZY DIZZY

Want to provide some vestibular and gross motor fun for your students? Check out the durable Whizzy Dizzy! Your students will have fun spinning as they twist themselves around and around while getting lots of sensory input. Use as a good heavy work activity or rewarding break for a job well done. Larger than most spinners, this spin toy features steel ball bearings, a steel steering column and heavy duty impact-resistant plastic. The rubber feet will keep it from sliding, or scratching your gym floors. Max load: 99 pounds. Size: 22" x 22" x 12"

#940054 \$199.99





ROCKING BOWL

Safely and easily provide vestibular input for your students with these sturdy Rocking Bowls. The curved edge of the bowl provides natural points for your students to hold onto without the worry of smashing fingers for extra security and support. Textured ripples along the bottom of the bowl provide tactile input and keep kids from slipping as they spin and rock. Size: 30 x 30 x 22 inches. Max load: 120 pounds

#T050 \$264.99

WHALLY BOARD

Use this ocean themed rocker to provide lots of vestibular input as students sit, stand, hold, and rock on it. Tactile wave and bubble patterns on the surface provide traction and slip resistance. Grooved edge on the back of the board prevents pinched fingers for worry-free playtime experience. Size: 24.41" x 15.55" x 6.69" Max load: 130 pounds. Ages 2 and up

#950035 \$139.99



ROCK AND TWIST

Helps students build core strength, balance, posture, and coordination. Provides vestibular input and calming rocking for those who need to rock and spin. Foam covered handles provide extra stability. Size: 22" x 18" x 8" Maximum load: 300 lbs.

#205035 \$89.99

ROTATION BOARD WITH HANDLES

An anti-skid surface allows students to stand or sit with confidence. Use it to provide vestibular input as your students rock side to side or spin. Four padded handles and a 28" x 28" surface allows two students to sit and play at a time. Two base mounts (1.2" and 1.6") allow you to increase the angle of the board as skills increase. Max load: 125 pounds. Size: 28 x 28 x 6 inches. Ages 3+

#950018 \$199.99



BALANCE HIMALAYAS

This nature inspired balance beam set has a multi slope balance path and anti-slip sensory surfaces that resemble mountains, clouds and flowing rivers. Varying degrees of difficulty will challenge a range of ages and abilities. Six pieces can be configured in a variety of ways. The pieces stack and nest together, making storage easy. Size: 33”L x 13”W x 7”H. Max load: 176 lb. Ages 3+

#950029 \$405.99



NESTING BALANCE PATH

This set easily nests together for space saving storage and includes four different widths and heights that allow students to feel their center of gravity and develop balance skills. Strengthen single-leg muscles, stability, and motor planning skills. Non-slip tactile animal footprints cover the paths and provide sensory stimulation. Set includes 6 pieces that can be arranged into a variety of configurations. Pieces range from 26”-45” in length. Maximum load: 132 lbs. Ages 2+

#950033 \$355.99

JUNGLE TRAIL

This innovative set features 6 logs (23”L x 5.4”W x 3.6” H) that have different sides to walk on- one side is flat and the other is convex. You can give your students very different challenges when using both sides in one path. Tactile patterns provide sensory input and create a non-slip surface for your students’ feet. Place logs above or below the bases to create a wide variety of configurations and activities. Ages 2+ Max load: 132 lbs.

#361054 \$309.99



FIGURE EIGHT BALANCE BEAM

26 interlocking pieces let you build lots of activities to help develop balance, motor planning, body awareness, and more. Connect all or some of the pieces, and build a figure eight, a circle, a wavy path, or a straight line for students to walk across. The various configurations allow students to experiment and challenge themselves. Assembled Size: 118” L x 51” W x 6.25” H

#251006 \$299.99



BALANCE ROCKING ICE

Three sizes of irregular shaped stepping ice cubes create a fun, engaging way to improve balance, coordination, motor planning, spatial awareness, and more! The bottoms of the large and medium “ice cubes” are slightly irregular, providing some instability. This activity challenges kids’ spatial awareness, while building balance, motor planning, and decision-making skills. Slip-resistant bottoms and tops are molded into the plastic so it will not peel off or come apart over time. Set includes six pieces. Max Load: 132 lbs. Ages 3+

#950031 \$229.99

PLAN YOUR STEP

Great for toe walkers! This set allows you to create a variety of gross motor challenges all while stretching calf muscles. Each concave piece has both narrow and wide sides, creating an irregular surface that challenges coordination and balance.

Fit pieces together or space them apart to create gaps. Anti-slip grips and bottoms. Stackable for space-saving storage. Set of 6 20” x 15.5” x 6.7” Max load: 132 lbs. Ages 2+

#950032 \$319.99



RAINBOW RIVER STONES

An OT favorite! Each colored stone has a different height. By stacking the stones on top of each other (up to 3 high – one red, one green, and one yellow) in different configurations the top of the stone can be level or have more of a slant. Anti-slip surfaces on the top and bottom are molded through the product and will not come apart with use. Stacked inside each other for easy storage. Max load: 176 pounds. Ages 3+

#361053 \$259.99

RAINBOW STEPPING STONES

Build gross motor skills including motor planning, balance, and more with the colorful rainbow stepping stones set. You can use this extremely durable set in your gym or outside. Flip them over to provide an increased balance challenge. This set includes six 6.5 x 3.5 balance pods in blue, purple, green, yellow, orange, and red.

#200258 \$69.99





SENSORY SOFT ROCKER

Your students will love our new soft rocker. It's covered with easy to clean vinyl and features a soft foam core. Use it in your calm down area to provide calming rocking or your sensory room for vestibular input. Please use it with adult supervision. Size: 21" x 21" x 27". Max load: 250 lbs. Recommended for ages three and up.

#205038 \$429.99

SENSORY ROCKER

Inflatable rocker is perfect for calming, reading, vestibular input, or to build core muscles. Features triple welded seams, heavy-duty thick vinyl, and a free repair kit. Easily inflate or deflate the rocker with the enclosed foot pump. Max load: 300 lbs. Size: 56" x 43" x 25"

#200258 \$109.99



GEL TILES

Your students will love walking on or pushing on these gel tiles and watching the colors move. Gel Tiles work well in sensory rooms, homes, classrooms, and clinics. Place four tiles together to create a calming corner. Use them to encourage sensory seeking students to jump and stomp the tiles or sit and push the water inside to watch the colors move. Safely use them on your carpet or tile. An anti-slip bottom keeps them from sliding. Size: 20" x 20" x 3".

- #690001 SINGLE \$49.99
- #690006 SET OF 6 \$279.99
- #690007 SET OF 12 \$549.99



SUPER SENSORY KIT ▲

Our fun sensory play kit includes a variety of sensory toys that will tickle the senses. Great for strengthening finger muscles and building fine motor strength. Kids, teens, and adults alike will love these sensory treats! This set includes visual, tactile, and auditory toys.

Please Note: We may substitute similar items or variations of colors.

WARNING: CHOKING HAZARD—Small parts; Not for children under 3 yrs. Use with adult supervision.

#2147 \$49.99

This set includes:

1. Play Putty Set
2. 2 Minute Timer
3. Wonder Sand and Putty
4. Slime Sucker
5. Geo Flip
6. Squish Dude
7. Light Up Meteor Ball
8. Squee-Zee Caterpillar
9. Liquid Timer
10. Stretchy Rope
11. Bird Whistle
12. Pop Tube
13. Slide Whistle

Sensory Room & OT

Order Online at NationalAutismResources.com

Call to order 877-249-2393

Fax POs 877-259-9419

DRESSING FRAMES

Use these sturdy dressing boards to teach independence skills to students such as tying your shoes, snapping, zipping a zipper, or pulling buttons through shirt holes. The flat design allows you to place it across a student's chest for optimal practice.

#820003 \$64.99



MAGNETIC MAZE BOARD

Builds essential fine motor skills as students use the magnetic wands to move the red and green balls through the maze. Magnetic balls are securely enclosed behind the acrylic cover and magnetic wands are securely fastened to the base. Size: 12" x 12" x 1" Ages 3+

#820006 \$42.99

SILISHAPES SENSORY CIRCLES

Each silicone disc features a distinct color and pattern to explore. Pull a small disc out of the bag and ask kids to find its match, line up the large circles into a tactile trail to walk on, ask kids to identify the discs by color and pattern, and more! Set includes 5 large circles (13.7") and 5 small circles (3.1"). Ages 5+.

#940063 \$67.99



POP UP SENSORY DEN

Create a sensory space quickly and easily with our pop up den. Includes black walls that work well with light-up toys and sensory items. A small window allows you to close the door but still monitor your students. Easy to set up and disassemble and does not require poles, pegs, or ties! Size: 59" x 59" x 46"

#205036 \$149.99



SENSORY BRUSH

This low cost brush is perfect for introducing brushing therapy. Use them to help acclimate children who are sensitive to touch. These brushes make an ideal alerting activity to prepare students with special needs for learning. They are great for those who enjoy brushing and deep pressure touch.

#370400-6 SET OF 6 \$12.99

WILBARGER THERAPY BRUSH

Designed by Patricia Wilbarger for brushing therapy. The high density bristles provide optimal tactile input. The handle's ergonomic design makes this brush easy to hold and use. According to Patricia Wilbarger, "the high density of the bristles make it an ideal brush for the body." For specific instructions on brushing therapy it's best to speak with an occupational therapist or therapist trained in the Wilbarger Protocol. Size: 3.5"x 3.2"x 2".



- #370010-2 2-PACK \$10.99
- #370010-6 6-PACK \$28.99
- #370010-24 24-PACK \$89.99

THERAPUTTY

A favorite tactile activity of OTs, Theraputty is great for students of all ages. Use it to mold/stretch, play hide and seek with small toys, and so much more. Each color features a different resistance level, from super soft tan to extra firm black. The putty comes in a resealable plastic storage container, never dries out, and is non-toxic. A must have for therapy centers, classrooms, and anywhere with a child who needs help developing fine motor muscles.



1 LB	\$32.99	2 OZ	\$4.99
#212566-T	TAN	#212559-T	TAN
#212567-Y	YELLOW	#212560-Y	YELLOW
#212568-R	RED	#212561-R	RED
#212569-G	GREEN	#212562-G	GREEN
#212570-B	BLUE	#212563-B	BLUE
#212571-Black	BLACK	#212564-Black	BLACK
#212572-6 pack	6 PACK \$129.99	#212565-6 pack	6 PACK \$19.99

PUTTYCISE KIT

Designed to build fine motor skills necessary for daily life. Each tool builds the muscle strength and coordination necessary for common activities like turning a key or opening a jar. Set includes: 5 piece tool set (the cap turn, key turn, knob turn, L-bar, and peg turn) and 4 putties, medium resistance (yellow-blue), storage bag and activity manual.

- #2125401 6 OZ PUTTY \$119.99
- #2125402 1 LB PUTTY \$160.00
- #212543 5 LB PUTTY \$455.00

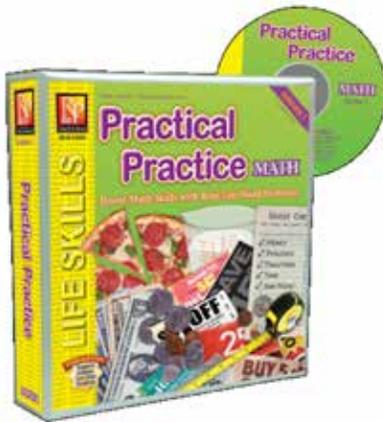


NEW!

LIFE-SKILL LESSONS WORKBOOK SET

This set is designed to help students develop the language skills they need for common real-life situations. Each workbook features structured lessons that emphasize vocabulary, spelling, writing, and reading comprehension that are written at a 4th-5th grade level. Set includes six workbooks that cover the following areas: Consumer Words, Workplace Words, Money Management Words, Independent Living Words, Personal Care Words, and Occupation Words.

#660050 \$53.99



PRACTICAL PRACTICE MATH

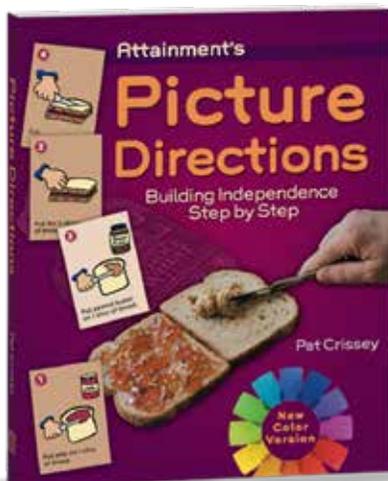
Develop math skills and life skills at the same time with Practical Practice Math! Reproducible worksheets and activities help students learn to understand and solve real-life math problems. Subjects covered include: comparison shopping, coupons, quantity discounts, budgeting, tax calculations, and more. Applied Math Skills include: multi-digit addition, subtraction, multiplication & division, money, time, measurement, percent, decimals, and fractions. Designed for students working at a 3-5 grade reading level with an interest level of grades 4-12.

#660021S \$149.99

EVERYDAY LIFE READING & WRITING

Build life skills and provide reading and writing practice with this reproducible set. Some of the tasks covered in the exercises include: reading instructions, bills, ads, schedules, websites, and emails. Writing activities include: writing emails, online ads, filling out applications, and more. This resource is appropriate for students with a 3-5th grade reading level. Binders are organized by tab dividers, and include an answer key and a whiteboard-ready CD with printable PDFs. Designed for students working at a 3-5 grade reading level with an interest level of grades 4-12.

#660015 \$139.99



PICTURE DIRECTIONS

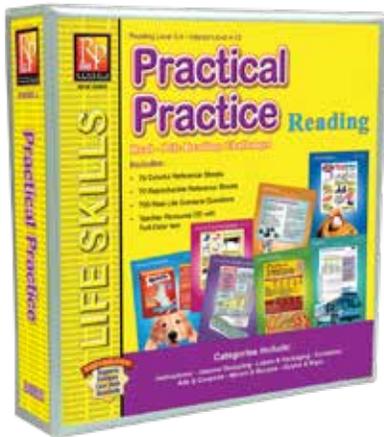
Now it's easy to teach cooking, art, crafts, life skills, and play with these ready made picture directions! Includes 50 different reproducible lessons that are broken into five categories: cooking, crafts, life skills, play, and discovery. Teaches students to follow directions, sequence activities, build independence, and recognize sight words when paired with the illustrations. Ages K-5. 228 pages.

#701002 \$49.99

Life Skills

Free Shipping \$99 (Excludes Truck Symbol Items)

For Bulk Discounts Email: po@nationalautismresources.com



PRACTICAL PRACTICE READING BINDER

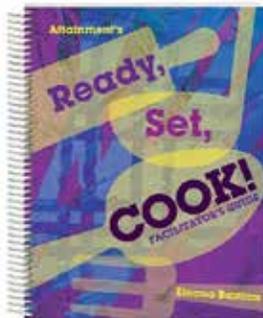
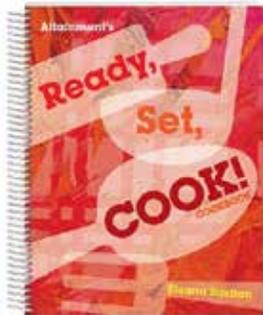
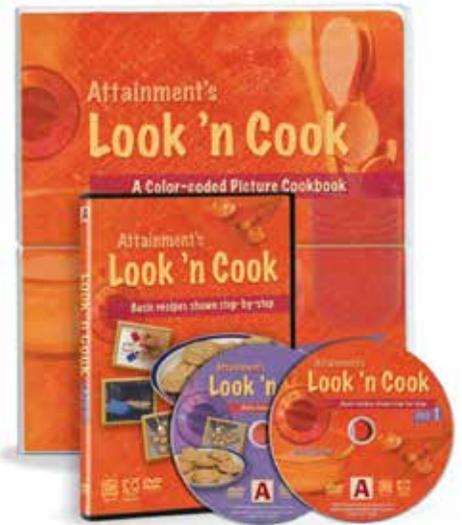
70 full color reference pages include schedules, maps, menus, labels, and catalogs. Each color reference page represents a common real-life reading challenge. Follow-up worksheets give students lots of practice reading, interpreting, and applying the information. Includes seven categories that increase in reading levels. Categories include: instructions, internet shopping, labels and packaging, schedules, ads and coupons, menus and recipes, and guides and maps. Reading level: 3rd-4th grade. Reproducible.

#660072 \$89.99

LOOK 'N COOK MICROWAVE COOKING

68 easy to make recipes will teach your students how to cook using a microwave. Each recipe page is laminated, and includes step by step directions with full color picture support. Includes lessons on food safety, nutrition, how to plan meals and how to use a microwave.

#705377-1 \$149.99



READY, SET, COOK! CURRICULUM

This easy to use curriculum includes 40 step-by-step, picture based recipes. The instructor guide includes learning objectives, ingredient lists, discussion points, links for additional information and helpful YouTube cooking videos for the recipes. Assessment Forms, Student Checklist, Shopping List Example and more are also included. Set includes a Instructor Guide, Cookbook, consumable Student Cookbook, and a laminated Recipe Reader and Measurement Guide.

#705379 \$129.99

Interactive Reading Books Help You Use Visual Strategies to Promote Literacy

Anyone who has vision can benefit from visual strategies, especially visual learners. Students on the Autism spectrum are especially prone to be visual learners and benefit from the use of pictures when attempting to access and convey information.

Using visual strategies to promote literacy:

Interactive Reading Books were designed to build literacy while also meeting common IEP goals around a variety of academic subjects.

Each book includes full color picture cards you can use for matching, picture identification, and labeling activities. Use them to build vocabulary, comprehension, fluency, memorization and retention skills.

The IEP goals incorporated in each book were developed based on interviews with Speech and Language Pathologists across the US. Each book is laminated for years of use in the classroom or clinic and includes a set of Velcro-backed, full color picture cards. Designed for students ages 3-10 of varying abilities and reading levels.

- Capitalizes on visual learning styles that are especially helpful to students with developmental delays and those on the Autism spectrum.
- Based on IEP goals currently used in educational programs across the United States.
- Offer seven levels of activities that allow for a range of ages and abilities.
- Are developmentally based and developmentally appropriate.
- Allows children to work at their own rate.
- Support ESL learners by providing visual information for unfamiliar words.
- Are in compliance with and have met educational standards requirements with the California Department of Education.

By Joan Green a winner of the LAUSD Teacher of the Year awards, and a member of the National Autism Resources advisory board.

“We are so thrilled with your Interactive Reading Books! I have a pediatric practice and my clinicians are finding these books to be invaluable for children with emerging language skills. They are easy to use, require no preparation and are highly motivating. Thank-you!”

- Patti Hamaguchi- M.A.,CCC-SLP



INTERACTIVE READING BOOKS ▲

#460501 FULL SET \$349.99

INDIVIDUAL BOOKS \$24.99

#460511 HOW MANY?

#460512 WHAT COLOR IS IT?

#460513 I GO TO SCHOOL

#460514 THINGS I DO AT HOME

#460521 ACTION!

#460522 SOUNDS GOOD TO ME!

#460523 THE UPS AND DOWNS OF OPPOSITES

#460524 HOW DO I FEEL?

#460531 I HAVE FEELINGS TOO!

#460532 WHAT HAPPENED AND WHY?

#460533 PIGS IN SPACE

#460534 WHO'S ON FIRST?

#460541 MEET THE WORD FAMILY

#460542 WHAT'S IT FOR?

#460543 WHAT DO I SAY?

#460544 WHAT DO I DO?

Evidence Based Tools that Support Learning

Visual Supports

Incentive Charts or Token Boards to support positive behavior by keeping students motivated and creating clear goals. (see pg 39)

Visual Schedules, First/Then First/Then/Next, To Do/Done Charts (To learn more see pg 4)

Cue Cards to convey a behavioral expectation or facilitate communication. (See pg 4)

Sensory Tools

Fidgets and active sitting options allow students to move at their desk without distracting others to supporting on task behavior. (see pg 30-35)

Weighted items: stuffed animals, lap pads, and neck wraps provide calming deep pressure to help manage anxiety, frustration. (see pg 23-25)

Noise canceling headphones help students focus and maintain a calm state when there is a lot of sensory stimulation. (see pg 37)

Adapting Classroom Spaces

A calm **visual focal point** supports mindfulness and relaxation exercises and can help students manage emotions and prevent escalation. (see pg 29)

Sound dampening equipment can keep the noise level down in classrooms and calming areas. (see pg 49)

Create a **calming area** in the classroom where students can go for breaks throughout the day. (See pg 22)