Help Students Understand Daily Routines with Picture Symbols PG.4

Use Visual Supports to Build Literacy PG.10

How to Manage Overstimulation and Stress PG.14

NationalAutismResources.com Phone: (877) 249-2393 Fax: (877) 259-9419
LET’S TALK ABOUT EMOTIONS SET

Help your students learn to identify emotions, understand emotions have different intensities, and understand their own emotional responses with the resource set. Great for helping students understand that the level of their reaction to a situation may not be appropriate based on the situation. This set includes: 16 emotions and four blank faces, I Feel Chart with velcro strips, How Big is My Emotion Chart, How Big is My Problem/Reaction Reproducible Worksheet. Chart size: 9” x 12”, emotion cards: 1.75” x 1.75”

#100215 .................................................. $19.99

CALMING CHOICES CHART

Help your students make good choices when feeling stressed, angry, or overwhelmed. The simple set includes a choice chart and several 2” x 2” calming choice boards to choose from. Additional blank cards allow you to customize choices to meet your student’s needs. When students need to calm down, present them with the chart. Or use it to introduce and practice new calming strategies.

By giving students a choice, you are providing a visual support that helps them exercise their independence, decision making, and encourage self-soothing skills. Calming Choices include: Weighted Blanket, Weighted Vest, Take a Break, Get a Drink, Deep Breaths, Count to 10, Quiet Area, Stress Ball, Ask for Help, Talk to My Teacher, Stretch My Body, Wall Push Ups, Listen to Music, Draw a Picture, Read, Jump, Take a Walk, and Rest. Size 9” x 12”

#100222 ................................................................................... $12.99
PORTABLE PICTURE EXCHANGE COMMUNICATION BOOK

This PECS book is easy to open and close with a simple Velcro strap. Just snap the book to a belt loop or backpack. Holds up to 24 pictures 2” x 2” (four per page) and it’s washable too. Note: Does not include pictures.

#292017 ..............................................................  $23.99

VISUAL SUPPORT STARTER SET

This handy starter set is designed to help encourage communication skills, decrease frustration, and build independence for those with auditory processing or verbal communication challenges. It has the basics of what you need to start using pictures to communicate, including 150 of the most common pictures used for picture communication. These pictures include daily activities, emotions, foods, clothing, chores and more. This set also includes several charts based on therapist requests to help encourage independence including: To Do/Done, First/Then, and First/Then/Next.

This set includes:
150 Most Common Picture Communication Cards
1 To Do/Done Chart
3 First/Then Charts
3 First Then/Next Charts
5 Stop Cards
1 I Feel Chart for your emotion pictures.

#100221 ..................................................................  $47.99

PICTURE CARD SET

Use our laminated Picture Communication Cards to help students with communication, independence, transitions, and increasing understanding. These cards include the most common pictures you will need to help your students communicate. The velcro backing allows you to easily attach them to your schedules or sentence strips. Cards are laminated, making them durable and easy to clean. Each picture measures 1.75” x 1.75.”

#100206 EMOTIONS .................................................  $7.99
#100203 SCHOOL ......................................................  $7.99
#100201 HOME ..........................................................  $13.99
#100202 CHORES ......................................................  $7.99
#100204 FOODS ..........................................................  $7.99
#100205 HEALTH ..........................................................  $7.99
#100207 175 CARD SET ..............................................  $39.99
#100208 ACTIONS ......................................................  $7.99

BEST SELLER!
Helping Students Understand Daily Routines With Picture Symbols
The Amazing Power Of A Picture Schedule!

We all use a schedule! Everyday we follow a schedule we have in our memory or use a written schedule on our calendar or phone. Think about what happens when there is a disruption in your routine: if your car breaks down, you get a call that someone needs you now, or you lock your door and realize your keys are inside. Now consider the stress you felt on your first day at a new job. So many things are new and unpredictable! These changes cause stress as you sort out what is happening, and what you have to do next.

Whether a person has a disability or not, we all experience stress when we are unsure about key aspects in our day: where we will be, what we do, how long an activity will last, and/or what is coming next. As we understand a situation our stress levels go down. In a calm state it is easier to think about and imagine possible solutions to disruptions in our day.

Now, think about your students who struggle to understand abstract concepts like a daily routine. Common disruptions are stressful and are not so easily understood! This is where visual picture representations can help! A picture schedule provides a tangible representation of a student’s abstract daily routine. Now a sequence of events that may have appeared to come at your students at random can be easily expected and anticipated.

How to Start
For a person beginning to use a picture schedule, we often start with a simple “FIRST-THEN” display board. A picture symbol such as a “Wash Up” is placed in the “FIRST” area and then a second picture such as “T.V.” in the “THEN” spot.

Point to the pictures as you display them to your student. For example, you may say: “FIRST we are going to wash up, THEN we can watch TV.” This helps convey the idea that they will wash TV, but washing up happens first. Anxiety is reduced as they realize they will get to their desired activity (watching TV.) after they finish the activity they may not have been interested in performing (washing up).

A picture schedule must be taught, and it’s effectiveness should increase over time. It is a good idea to begin with pleasant activities so that the individual will want to participate. For example, you can start with two desired items such as FIRST: “Fruit”, THEN: “Game”. As the idea of following a picture schedule becomes better understood, ‘less desired’ daily activities can be added to the first location.

Once a student understands the two-picture symbol display you can add more pictures. Eventually you can display a series of schedule pictures working in more activities that may not be highly desired. An example of a longer schedule might be: “Wash Up”, “Dinner”, “Dish Washer”, “Cookies”, “Work Sheets”, “T.V.”, “Toothbrush” “Pajamas” “Book” and “Bed”.

Tips For Displaying Picture Symbols
• Changes in a routine may be challenging. Having a symbol for disruption such as one that says “CHANGE” can help students know there is a change in the routine but the schedule they know will continue afterwards.
• Having the most desired part of the routine placed in a special spot on a longer schedule can remind your student of what they are working for.
• Laminated picture cards will stand up against repeated use.
• Using velcro to attach pictures to a display board is the most common display method. They can be rearranged or removed after a task is completed.
• You can lightly tape cards onto holding areas or using clear vinyl display pockets to arrange a sequence of common routines that do not change much.
• It is useful to remove an image or have a cross off/check off aspect in a picture schedule. This can provide a feeling of accomplishment and clarify what is next in the schedule.

A goal for a picture schedule can be to foster independence.

As your student’s skills grow, they can become more responsible for their schedule by checking what is next and removing completed tasks. An occasional reminder of “please check your schedule” may be all that is needed to keep your students on task.

Eventually a student may be able to follow a daily routine without direction from others. As a student learns to follow a schedule, anxieties that came from the frustration of not understanding sudden changes in their day can decrease. Schedules can help at home and at school, and the collaborative use in both environments can reinforce the effectiveness of this type of visual strategy.

Don D’Amore M.A. CCC-SLP Has over 20 years of extensive experience working with Augmentative/Alternative Communication (AAC) and with communication strategies for individuals with Autism Spectrum Disorder (ASD). In 2009 he received the “Honors Of The Ohio School Speech Pathology Educational Audiology Coalition”.

Please note: this information should not be used as a substitute for the advice of your Speech Language Pathologist, Doctor, or other health care provider. Any recommendations specific to a client is dependent on the many unique aspects regarding the individual, such as age, disability, abilities and other relevant factors. It is recommended that any person with a suspected disability have a complete multi-factored evaluation, and direct consultation with professionals take place before any treatment program is initiated.
PICTURE SCHEDULE KIT

This kit includes everything you need to quickly and easily create custom picture schedules for students in your classroom. Use the resources in this kit to build understanding, encourage independence, and decrease anxiety in students with autism and communication challenges. Includes 36 2.5” x 3.75” laminated cards with a full color, labeled picture. Activities included: art, assembly, bathroom, brush teeth, computer, gym class, library, lunch, field trip, sensory time, and more. Also included are two blank cards for you to customize as needed. Set includes 5 laminated schedule charts that display 4 activities with a blank clock face next to each schedule card area. Each card can be written on with dry erase marker and erased for reuse again and again. Set includes: 36 activity cards, 5 schedule charts, vinyl storage pages, and sturdy 3-ring storage binder.

#296008 ...............................................................  $49.99

FIRST THEN / FIRST THEN NEXT

Use the board to introduce your students to the concept of time, order, and multiple steps. This helpful chart is great for helping students with transitions and understanding what happens after a certain task or activity is done. The added feedback and security is great for reducing anxiety and stress of uncertainty. These boards teach students where and how to look for information on what he or she will be doing right now. Includes 3 charts. Features loop tabs that allow for universal use for many different tasks. Boards are fully laminated. Set includes 3 boards.

#100218 FIRST THEN, 7” x 3” ..............................  $4.99
#100210 FIRST THEN NEXT, 8.5” x 3.5” ..........  $5.99

TO DO / DONE CHART

Build understanding, foster independence and decrease anxiety with our easy to use To Do/Done Chart. Great for students who need to see how far along they are in their day or to see what needs to be done before the next task. Easily attach your schedule icons to the loop columns. Your students will stay on task and feel a sense of accomplishment as they move each activity to the “done” column. Size: 8” x 17”

#100219 ......................................................  $10.99

VISUAL CUE CARDS

This handy set of 5 cards provide a quick visual reminder to your students.

#100217 STOP ................................................... $2.99
#100224 WAIT .................................................. $2.99
#100225 I NEED HELP .......................................... $2.99
#100226 I NEED A BREAK ..................................... $2.99
PORTABLE POCKET CHART
Use this set of three visual pocket charts to display individualized visual schedules, step by step directions, or create simple choice boards. Each chart is sewn from sturdy canvas with six clear 4” x 2” pockets and a metal grommet for easy hanging. Use them to increase understanding and build independence. Size: 4” x 21.5”

#190020 ............................................................. $17.99

PICTURE SCHEDULE WITH POCKETS
Easily display visual schedules, create step by step visual instructions, and more with this sturdy schedule. Made of loop fabric, it allows you to easily display a series of activities or sequence of steps. A metal grommet makes sure the schedule won’t rip over time and that its easy to hang. Use the bottom pocket to put away pictures when a task is finished or store extra pictures not in use. Size 4” x 20”

#290075 VERTICAL ............................................................. $16.99
#290076 HORIZONTAL ............................................................. $16.99

VISUAL COMMUNICATION APRON
This comfortable apron allows you to move around the classroom with quick access to the cards and pictures you need to switch out visual schedules, provide choices, and increase communication. This is a highly convenient tool that will help you keep track of your visual communication pictures. It can hold up to ninety 2” x 2” pictures and includes a handy 15” x 8” pocket, making it easy to switch out and store pictures. Sturdy construction features Velco receptive fabric on the outside and is lined with nylon fabric on the inside. Size: 18” x 15” (across bottom) Note: pictures not included.

#29038 ............................................................. $29.99

TOKEN BOARD
Use this Token Board to encourage and strengthen positive behavior. This token board can be implemented as a reward system for students as a fun way of bringing positive reinforcement to the classroom. Place a picture of a goal or reward that they are working for next to their progress. After receiving all the stars, students will get their reward. The Laminated Token Board includes 5 plastic reusable reward stars. Size: 11” x 4”

#100220-3 3 STAR ............................................................. $5.99
#100220-4 4 STAR ............................................................. $5.99
#100220-5 5 STAR ............................................................. $5.99
#100220-S SET ............................................................. $11.99

BEST SELLER!

#190020-3 3 STAR ............................................................. $5.99
#100220-4 4 STAR ............................................................. $5.99
#100220-5 5 STAR ............................................................. $5.99
#100220-S SET ............................................................. $11.99
INTRO TO PICTURE COMMUNICATION

The Intro to Picture Communication for those with Autism contains a total of 151 laminated and velcroed picture cards attached to illustrated pages specially designed to help teach the basic concepts of communication using individual picture symbol cards. Part of the difficulty with teaching independent expressive communication to some students involves creating motivating conditions. This set includes three multi-page interactive theme sets with instructions and suggestions. The motivating activities use matching picture symbol cards that encourage students to communicate and participate in the activities. They will open ‘movable doors’ to find what’s inside, ask for parts of fun interactive puzzles, and communicate while putting together collections of fun food theme pictures. Everything is heavy-duty laminated and three hole punched for easy storage in a 3-ring binder! Communicating with and identifying symbolic representations may be difficult for some individuals. The student’s abilities and goals should be considered before using these or any related learning materials.

#296012 ........................................... $129.99

GOTALKS

GoTalks are durable communication devices that work well for students who have trouble with verbal communication. Use these versatile tools to help students greet visitors, make comments or requests, ask questions, express what they know, make choices, or create simple sentences to facilitate communication. The design is simple, intuitive, and easy to use. Just press a button and the GoTalk will say the word listed. A raised grid prevents finger sliding and frustration, and the accessibility-focused design ensures that the GoTalk is lightweight and easy to take anywhere. Each style features volume control, five recording levels, and overlay storage. Requires 2 “AA” batteries. Size: 9” x 12” x 1.2”

#705368 GOTALK ONE ............................. $12.99
#705361 GOTALK 4+ ................................. $168.99
#705360 GOTALK 9+ ................................. $199.99
#705362 GOTALK 20+ ............................... $214.99
#705359 GOTALK 32+ ............................... $584.99
PICTURE THIS
PROFESSIONAL EDITION

Use this inexpensive software to create photorealistic communication pictures, flashcards, schedules, choice boards, charts and more. The easy to use software can put several photos together in various sizes, with optional text and colored borders. This tool is designed to make it easy to create the visual supports you need for your classroom. A search function allows you to quickly find pictures. Over 5000 quality photos covering 38 categories such as: actions, animals, bathroom, body, chores, clothing, colors, emotions, food, health, holidays, household, sequences, time, tools, vehicles, and more. Windows 98, ME, 2000, XP, Vista, Windows 7, Mac OS X 10.2 & higher.

#282051 ..................................................... $81.99

PICTURE COMMUNICATION STARTER KIT

This set features 400 of the most highly used communication cards to help you quickly start picture communication with your students. Quickly and easily create a communication binder, visual schedules, choice boards, or sentence strips. Use the picture communication starter kit to build communication around foods, greetings, people, calendar words, transportation, action words, art and school supplies, furniture, toys, body parts, clothes, common wants & needs, and more. Designed by an Augmentative Communication SLP with over 20 years of experience. Each 2” x 2” card features a full color image that is laminated, cut, and ready to use. Each image and symbol is clearly labeled with bold text encouraging literacy and word recognition. Set includes binder, 400 pictures, and 12 vinyl 20 pocket protector sheets.

#296001 ................................................................. $109.99

NEW!

MORNING CIRCLE-TIME BINDER

Whether you are a preschool teacher, a special education teacher or SLP who collaborates during the circle routine, the fun and functional Interactive Morning Circle Binder is what you’ve been looking for! Easily lead circle time discussions by presenting one theme page at a time to your students. Sturdy laminated pages of instructional materials cover many common themes of discussion used in morning routines in preschool and special education rooms at the start of each school day. Topics include: weather, temperature, seasons, month, days of the week, who’s here today, the schedule of the school day, and more! Some pages have cards velcroed to them for interactive fun, while other pages are specially designed to be used with a dry-erase marker. This is a great way to involve the whole classroom in a collaborative and engaging learning experience.

#296011 ................................................................. $59.99

Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419
**RECEPTIVE LANGUAGE COMPREHENSION**

Do you work with students who struggle with accurately attending to and following oral directions that contain multiple steps? This flexible set is designed to build these skills and work with a wide-range of abilities! Each activity has multiple elements that allow you to adapt it to your students individual needs.

For example: one prompt can be “Put a banana on a tree”. A more complicated prompt sequence could be: “Place the small banana on the big tree”. And a complex multi-step sequence to follow can be: “Place the big banana on the small vine on the big tree.” Students can also enjoy following directions while completing functional themes involving food preparation such as “Put cheese and two pickles on the burger!” Silly and fun themes include interacting with ‘aliens’ on their ‘planet’, an activity for each season, following directions for making cheeseburgers, ice-cream sundaes and more! This set contains over 100 different laminated and velcroed picture cards attached to illustrated pages designed to teach listening and following multiple step directions! Three ‘helper’ pages are packed with suggestions. They cover a wide-range of prompting ideas! Everything is heavy-duty laminated! All pages are three hole punched for easy storage in a 3-ring binder!

**WH QUESTIONS BINDER**

Do your students have difficulty asking or answering open ended questions including: who, what, when, where, why, or how? Then the WH-Questions Binder is perfect for you. This extensive set contains 870 Wh-Questions! It covers all six common types of WH-Questions: WHO, WHAT, WHERE, WHEN, WHY & HOW! 90 Interactive hook and loop cards illustrate different Wh-Question. Lift the card to reveal a matching illustrated answer. This bundle also includes specially designed pages with concentrated sources of illustrated prompts for Wh-Questions, as well as additional pages packed with a total of 600 written Wh-Question Prompts! All pages are three hole punched for easy storage in a 3-ring binder.

Practicing Wh-type questions can help students both with learning more about the world around them, as well as attending to details of what they hear when people speak to them. It can also help students to practice how to ask, answer, and respond to questions that are asked of them. Designed and illustrated by Don D’Amore MA CCC-SLP, a Speech Language Pathologist with over 30 years of experience.

Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419

#296010 ................................................................. $99.99
#296013 BUNDLE 1 ............................................... $119.99
#296014 BUNDLE 2 ............................................... $119.99
Anyone who has vision can benefit from visual strategies, especially visual learners. Students on the Autism spectrum are especially prone to be visual learners and benefit from the use of pictures when attempting to access and convey information.

Using visual strategies to promote literacy:

- Write words on old language cards – verb and noun picture cards.
- Make a biography book for each child - each page is a sentence about the child’s self, his family or interests. Individualized biography books are very motivating.
- Put labels on items in the room, give the student a card with the item word or picture and have them match it. Have the child point it out to you, go and touch the item, or bring the item to you.
- Create a visual grocery store list with pictures of items. Let the student take the list and collect the items.
- Make a visual chore chart with pictures of the chores and those assigned to them.
- Make a picture schedule of the day’s activities.

Using Interactive Reading Books

Interactive Reading Books incorporate visual strategies at the core of its pedagogy by joining the proven strategies of Picture Communication with Whole Word Reading Instruction. The directions on the inside cover of each book include the format often used in Applied Behavior Analysis such as matching, identifying, labeling and sequencing language. Interactive Reading Books are designed to:

- Capitalizes on visual learning styles that are especially helpful to students with developmental delays and those on the Autism spectrum.
- Are based on IEP goals currently used in educational programs across the United States.
- Offer seven levels of activities that allow for a range of ages and abilities.
- Are developmentally based and developmentally appropriate.
- Allows children to work at their own rate.
- Support ESL learners by providing visual information for unfamiliar words.
- Are in compliance with and have met educational standards requirements with the California Department of Education.

By Joan Green a winner of the LAUSD Teacher of the Year award, author of the Interactive Reading Book series, and a member of the National Autism Resources advisory board.

“We are so thrilled with your Interactive Reading Books! I have a pediatric practice and my clinicians are finding these books to be invaluable for children with emerging language skills. They are easy to use, require no preparation and are highly motivating. Thank-you!” - Patti Hamaguchi - M.A.,CCC-SLP

Order Online at NationalAutismResources.com Call to order 877-249-2393 Fax POs 877-259-9419
NEW!

SMARTTIME TIMER
This 4” x 3” timer features large, easy to read numbers. Set the timer with a press of a button in increments of 10 minutes, 5 minutes, 1 minute, and 10 seconds. This is perfect for repetitive timing activities. When time is up, the alarm will beep and flash. Beeping sound is optional. Includes a built in stand, hooks, and magnets allowing you to mount it to a wall, hang it on your magnetic white board, filing cabinet, or even a student’s locker. Best of all no batteries are required!

#320018 .............................................  $34.99

NEW!

TRI-ZONE TIMER
This timer includes a green, then yellow and red area to help your students visually prepare to finish a task. The disc gets smaller as time counts down to help your students manage their time. A ringing chime will sound for approx 3 seconds when time has elapsed. The Tri-Zone Timer includes a built in stand and a heavy magnet so that you can also place it on your magnetic whiteboard, filing cabinet, or even a student’s locker. Best of all no batteries are required!

#320018 .............................................  $34.99

NEW!

DESKTOP TIMER
This helpful timer is great for the classroom. As time goes down, the red disc disappears. When time is up, students will hear an alarm. This easy to use timer is set quickly by just turning the dial on the front of the timer. It’s the perfect size for your student’s desk, and can count down time for up to 60 minutes. Size: 3” x 3” x 2.25” Requires 2 AAA batteries (included).

#320010 ............................  $24.99

NEW!

AUDIBLE TIME TIMER
This 60 minute timer is great for helping students understand the abstract concept of time. Students can visually see the passage of time as the red dial gets smaller. Use it in the classroom to help students focus and stay on task.

#180013 3” ........................... $29.99
#184018 8” ........................... $33.99
#184012 12” ........................... $39.99

NEW!

SMARTTIME TIMER
This 4” x 3” timer features large, easy to read numbers. Set the timer with a press of a button in increments of 10 minutes, 5 minutes, 1 minute, and 10 seconds. This is perfect for repetitive timing activities. When time is up, the alarm will beep and flash. Beeping sound is optional. Includes a built in stand, hooks, and magnets allowing you to mount it to a wall, hang it on your magnetic white board, or stand it up on your student’s desk. Size 4” x 3” x 4.”

#320015 ............................  $19.99
WIGGLE SEAT
Each sturdy disc features a smooth side and a knobby side for more sensory stimulation. Use the knobby side to provide a slip resistant texture for gross motor exercises or extra sensory stimulation for active seating. These sturdy balance discs are strong enough to sit or stand on. Stand on them to work on balance and coordination skills. Sit on them to help with focus and attention in the classroom. A great tool for strengthening core muscles and encouraging good posture.

SEATING DISC W/ PUMP
As your students sit on the disc, they are constantly engaging their core with micro-movements that help with focus but won’t distract the rest of the class. The muscles in your core are some of the largest in your body, so this handy tool provides a high amount of movement and exercise. This 14” sitting disc is perfect for fidgety students. You can add or subtract air, increasing the amount of movement opportunities as needed for each student.

WOBBLE CHAIR
Made of heavy duty plastic, this chair provides active seating with more stability than that of a t-stool or therapy ball. Use it to help wiggly students burn off energy, stay seated longer and encourage focus. A subtle lip on the base of the chair warns students if they are leaning too far on the chair to help prevent falls.

BOUNCY BANDS
Have an active student? Attach Bouncy Bands to students chair or desk to give them a discrete movement solution in class. Great for providing an outlet for over-active, frustrated, or anxious kids, the heavy duty band won’t break as your students kick and push against it with their feet. Discreet, effective, and non-intrusive to other students.

WIPE CLEAN HEAVY DUTY LAP PAD
Our sturdy weighted lap pad is perfect for helping students with restless legs. It’s easy to keep clean, featuring wipeable vinyl. Reinforced nylon stitching ensures high durability and resistance to wear. Choose from 3, 4, or 5 pounds of weight. Size 18” x 8” x 1”
**B-CALM HEADPHONES**
Use audio earphones to help students block out distracting noises so that they can focus in the classroom and avoid overstimulation. These comfortable headphones come with audio engineered “acoustic shield” tracks that act as white noise, making typically distracting noises unnoticeable so that your student can concentrate. Soothing nature tracks help calm agitated students. Set includes headphones, earbuds, “acoustic shield” soundtracks, carrying bag, and an MP3 player.

#955001 ...................... $138.99

**NOISE REDUCTION EAR MUFFS**
Help kids with autism and sensory issues manage sound challenges. Great to use during assemblies, lunch room, or fire drills. Ear muffs help muffle sound when students need to concentrate. Originally made for the shooting range, these ear muffs can also help during fire drills.

#902701 ................. $19.99

**DISCOUNT EAR MUFFS**
Some students need extra help focusing. These ear muffs can help by blocking out distracting noises and protecting the sound sensitive during noisy classroom times. Use them during transitions, assemblies, or fire drills to prevent sensory overload and meltdowns. A budget friendly option for kids and teens.

#902703 ................ $9.99

**EASY-FIND BAND EAR PLUGS**
These soft gel ear plugs are mounted on a headband that makes them easy to take on and off. A great option for kids who need help blocking out noise but don’t like the feel of earmuffs. Never worry about losing ear plugs or the inconvenience of quickly putting them on. Caps are held in place by the light force of the headband.

#902702 .................. $4.99

**COMFORT WEAR EAR MUFFS**
Block out distracting noises in noisy areas such as lunchrooms, the gym, or busy areas. An adjustable headband accommodates children and adults. Soft foam cushioned ear cups make them comfortable. The pressure equalizing headband blocks out sound while also evenly distributing pressure. A good choice for the sensory sensitive.

#902704 .................. $23.99

**VIBES EARPLUGS**
Originally made to dampen noise at concerts. These earplugs help students that are easily distracted or help the sound sensitive concentrate in the classroom. They are a great inclusion option because of their discrete design. Can also be paired with an attachable cord making them easily accessible.

#902706 .................. $23.99
#902707 ATTACHABLE CORD $2.99
Managing Overstimulation and Stress

Individuals on the spectrum frequently become overwhelmed or over stimulated by situations beyond their control. As educators we may not always know the cause of their discomfort so it’s important to have a toolbox of calming strategies to help students calm down, refocus, and get back on task. Below are some common calming techniques you can use in the classroom or community.

The Rule of One

Use the rule of one when a student is deeply stressed, anxious or in the middle of a meltdown. Have only one person talk to the student and ask them to do only one thing. Unfortunately, most school models of crises call for bringing in lots of people that usually all start talking at once. Rather than calming a situation this can escalate it. Instead, have one person, ideally the person who has the closest relationship with the student, ask the student to do only one thing. The task should be simple- sit in a chair, go to your calm place, or take some deep breaths.

Deep Breathing

When a student becomes stressed their heart rate increases and their breathing can become fast and shallow. This creates high blood pressure. You can help a student stop this cycle by simply learning to take deep breaths. Deep breathing is a simple stress management tool that a student can use anywhere to calm and re-center themselves. It’s important to teach and practice this technique often before stressful situations arise.

Isometric Exercise

Stop for a moment and squeeze your hands together then open them. As you let go of the tension in your muscles you should notice your muscles are more relaxed than before you started. Here are some simple isometric exercises:

• Making a fist and squeezing
• Pushing hands together
• Pushing knees together
• Shrug your shoulders
• Pushing against a wall
• Pulling against a rope tied around a pole on the playground

For a student who is having difficulty understanding the concept of isometric exercise you can give them a stress ball to squeeze. You can place the stress ball between their hands, knees, elbows, or shoulder and neck to help them learn to tense and relax different muscle groups. We have found a pressure activated massage pillow also encourages isometric exercise and also provides calming vibration.

Deep Pressure

Like isometric exercises, deep pressure also helps the muscles in the body to let go of tension. Here are a few common ways you can provide deep pressure:

• Weighted Items: blankets, vests or lap pads.
• Play dough or putty play – include tools to increase muscle resistance so kids really use the muscles in their hands and fingers.
• Massage
• Have students rub lotion on their arms and legs. (Be cautious about smells, it may seem like a good idea to use “calming” lavender lotion but this may make matters worse for the sensory sensitive).

Create a Calming Area

Create a quiet, easily accessible area your students can go to when they are feeling stressed. Good items for this area include weighted items, fidget toys, pillows, bean bags and some headphones. This can be as simple as a corner in a room or even a small area rug with calming items behind a teacher’s desk. Make sure to practice going there so the student will identify it as a safe place.

Communication

Often stress happens when someone new is working with a student. Remember to communicate with all team members and especially with new members. This can be as simple as creating a short “cheat sheet.” Along with therapy goals make a list of behaviors to watch for that indicates stress, successful calming techniques and contact information for the team leader in case a quick consultation is needed.

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For more information see page 2.
WEIGHTED PRESSURE VEST

This vest uses a combination of pressure and weight to help students to stay relaxed and focus in the classroom. It provides both a calming hug and proprioceptive input for an individual. Use it to help students with focus, anxiety, and stress challenges. The vest is highly adjustable with hook and loop closures along the sides and shoulders. Vented neoprene fabric helps students not to overheat and it’s stretchable allowing for adjustments to fit several students. Removable weights can be safely placed in pockets inside the vest.

<table>
<thead>
<tr>
<th>ITEM#</th>
<th>SIZE</th>
<th>CHEST WIDTH/LENGTH</th>
<th>PRICE</th>
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<td>XXS</td>
<td>W 20.5”- 23.5” L 11.5”- 12.5”</td>
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<tr>
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<tr>
<td>#251001</td>
<td>XL</td>
<td>W 43”- 45” L 24”- 26”</td>
<td>$99.99</td>
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</tbody>
</table>

PRESSURE VEST

Use deep pressure to help kids and adults relax and focus. Our deep pressure vest feels like a calming hug. Use it to help with anxiety, lack of focus, calming, and more! This 2mm neoprene vest is breathable and easily adjusted with a 2 piece design using hook and loop closures at the shoulders and both sides of the vest. Some therapists prefer pressure vests because you can quickly adjust the amount of deep pressure using stretchy neoprene instead of adding or subtracting weights.

<table>
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<th>ITEM#</th>
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<td>XL</td>
<td>W 43”- 45” L 24”- 26”</td>
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</table>

WEIGHTED SUSPENDERS

Provide calming deep pressure quickly and easily with our weighted suspenders. This is a unique alternative to a weighted vest. Each suspender weighs half a pound and lies comfortably across the shoulders. The adjustable straps allow you to accommodate elementary age students. They are easy to put on and take off, just adjust the length and then clip them to the front and back of pants or skirts. This is a discrete option that looks great in regular education classes. This item easily provides soothing deep pressure to your students who are anxious, over stimulated, or frustrated. Weight: 1 pound

<table>
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<tr>
<td>#251010</td>
<td>Weighted Suspenders</td>
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WEIGHTED STUFFED ANIMALS

Our cuddly weighted stuffed animals are great as weighted lap pads for wiggly legs during circle time, providing a calming sensory experience in your classroom. Or use them as a helpful transition item your students can carry for some calming and organizing proprioceptive input. These furry friends work great as a fidget toy by keeping fingers busy stroking the fur or squeezing the legs. Three pounds of weight make this item a great option for both preschool and early grade school kids. Size: 16 x 8 x 8 inches. Hand wash.

<table>
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<td>F</td>
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</tr>
<tr>
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<td>SNAKE</td>
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GALAXY GEL WEIGHTED LAP PAD

Shiny stars suspended in a glittery gel provide a tactile and visual sensory experience. 5 pounds of weight calms wiggly legs and helps with focus. Size: 18”L x 10”W - 5 Pounds.

#310265 ................................................................. $39.99

NEW!

WIPE CLEAN WEIGHTED NECK WRAP

The sturdy wipe clean weighted neck wrap provides 3 pounds of deep calming pressure across the shoulders. The sturdy vinyl cover is easily cleaned with wipes or standard classroom cleaners.

#310278 ................................................................. $34.99
**SQUEEZY CANOE**

Use the Squeezy Canoe to easily provide your students the deep pressure they need to help them calm down, focus, and pay attention. This comfy canoe makes a great calm down spot for your classroom, or reading “chair” to assist with focus and concentration. Use it with a clipboard as a homework spot. The strong vinyl construction with triple-welded seams ensures that this therapy resource is built to last. The velvety surface is made with comfortable flocked vinyl. Surface-washable. Latex free.

- **#102500-1 JR** .............................................. $79.99
- **#102500-2 M** .............................................. $99.99
- **#102500-3 XL** .............................................. $119.99

**WIPE CLEAN WEIGHTED BLANKET**

This weighed blanket never needs to be washed. Just clean it with classroom wipes. It’s a perfect option to help your students de-escalate problem behavior and manage stress and anxiety. The comforting weight provides calming deep pressure across the body, even over the shoulders with the curved neck cutout that keeps the blanket from bunching around the neck and face. Use it lying down or sitting in a chair. Pockets evenly distribute weight no matter where you use it.

- **#410210-1 XS Wipe Clean** .............................................. $149.99
- **#410210-2 S Wipe Clean** .............................................. $175.99
- **#410210-3 M Wipe Clean** .............................................. $239.99
- **#410210-4 L Wipe Clean** .............................................. $299.99
- **#410210-5 XL Wipe Clean** .............................................. $349.99

**CRASH PAD**

Your students will love jumping, crashing, cuddling, and relaxing with the crash pad. Great for safely burning off energy, gross motor play, and building body awareness. Or, add it to your calming area as a safe spot for stressed, agitated, or lethargic students to rest. Use it with a weighted blanket to help students calm and de-escalate. The surface is covered with a durable blue nylon cover that easily wipes clean. Heavy duty industrial stitching and safe long lasting foam. This crash pad is designed to withstand lots of gross motor play. Suitable for students up to 150 pounds. Size: 5’ x 5’

- **#310091 CRASH PAD** .............................................. $219.99
- **#310092 CRASH PAD COVER** .............................................. $49.99
Want the key components of a soothing sensory room all designed to work together right out of the box? This bundle was designed for schools and other facilities who have individuals that need to de-escalate and relax. This is great for use at key times during the day to calm students down before overstimulation escalates into a meltdown.

This package features a 60” Calming LED Bubble Tube and soft padded platform. A student can sit close to the tube and watch as the bubbles steadily rise and the colors slowly change. The included mirror ball produces spots of light that rotate around the room while the projector shows calming images that slowly rotate.

A Fiber Optic Carpet, with slowly changing spots of light, is a terrific place to lie down and relax. The comfortable Fiber Optic Softie allows students to play with fiber optic strands while they slowly change color. These strands have no electricity in them, only light, so they’re safe to handle and provide a wonderfully tactile experience. All electrical products in the bundle operate on standard 110v power transformed to low voltage.

This package includes:
1 60” Bubble Tube, bracket for stability, maintenance pump, and BCB fluid
1 Fiber Optic Softie
1 Fiber Optic Star Carpet
1 Aurora LEP Projector and 3 Effect Wheels
1 H 48” W x 48” L x 16” Square Bubble Tube Platform
2 48” x 48” Acrylic Mirrors
1 Mirror Ball Bundle
1 Basic Sound System
5 CDs

**FIBER OPTIC SOFTIE**
Sensory seekers, anxious, over-stimulated, or restless students will enjoy interacting with this multi-sensory bean bag cushion. Soft vinyl fabric, glowing lights and interactive fiber optic strands provide abundant amounts of calming sensory input. Your students will love sinking into the beanbag and interacting with the fiber optic strands. The strands conduct light but never heat up, making them safe to hold or drape across your students. Compatible with a standard outlet. Set includes beanbag, 100 fiber optic strands, and light source. Size: 53” D x 18” H.

#987008-1 ................................................................. $1,999.99

**FIBER OPTIC CARPET W/ LIGHT SOURCE**
This multi-sensory fiber optic carpet features tiny fiber optic lights that create a pattern of stars throughout the black carpet. The stars slowly change colors and are calming and soothing to watch. It’s perfectly safe to lay on the carpet, creating an accessible multi-sensory experience that can help de-escalate problem behavior. The light source plugs into a standard 110 volt outlet and must be kept out of reach for safety. Size: 40 x 79 x 2 inches

#987019-S 39” X 39” .................................................. $1,599.99
#987019-W 78” X 39” .................................................. $1,799.99
#987019-X 78” X 58.5” ................................................... $2,399.99

**AURORA LED PROJECTOR**
Dramatically change the look and theme of your sensory room with the Aurora LED Projector. This projector casts vibrant images that can rotate on the walls, ceiling, or floor, allowing you to easily transform the look and feel of your sensory room. Keep students interested with the variety of effect wheels. This set includes: Aurora LED Projector, Wheel Rotator, and 5 Effect Wheels.

#987007 ................................................................. $1,279.99

Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419
**BBBLE TUBE CETER**

Easily create a calming and visually engaging focal point for your sensory room with this Bubble Tube Corner kit. Anxious, over-stimulated, students will begin to relax as they watch air bubbles shimmer and flicker, reflecting the soft glowing LED lights. Students will love sitting on the soft, comfy, padded platform as they interact with the bubble tube. The included mirror system multiplies the visual effect by creating the illusion that there are multiple tubes in the room. This rewarding activity is something your students will look forward to seeing again and again. Each sturdy six inch wide tube is made of shatter resistant acrylic and features a low maintenance LED light source. You never have to worry about changing any light bulbs. Choose from the Calming version that automatically slowly changes colors or the Superactive version that allows you to control the colors by using an interactive controller.

**This set includes:**
1 60” Bubble Tube
2 48” H x 36” W Mirrors
1 Bubble Tube Platform: 16” H x 36” W 2 38” L
1 Bubble Tube Bracket
1 Bottle of BCB and Bubble Tube pump for easy maintenance

The Interactive LED Bubble Tube Corner allows your students to sit close to the bubble tube with the added bonus of feeling it vibrate when they touch it.

**LED BUBBLE TUBES AND MAINTENANCE KIT**

We offer several sizes and options to fit your individual room needs. Each sturdy six inch wide tube is made of shatter resistant acrylic and features a low maintenance LED light source. Each kit includes a bubble tube, bracket for stability, pump, and BCB fluid for easy maintenance.

**BBBLE TUBE MIRRORS**

These Bubble Tube Mirrors will instantly make one bubble tube look like four tubes in your sensory room. This effect increases visual interest and makes a dynamic visual focal point allowing students to relax and calm down. Our acrylic mirrors easily mount to your wall using eight drywall anchors. Made of safe, durable, and shatterproof acrylic

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Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419
CAROUSEL SPINNING CHAIR

Provide vestibular input, build core strength, and improve balance and coordination. This is a favorite calming item for sensory seekers. The slightly sloping design of the chair encourages kids to push themselves in circles with their feet. Students may choose to sit or lay down on the base. A stable design features a wide steel frame base that is low to the ground, a rotation device with double ball bearings, and six slip proof feet making this chair incredibly stable. This will make a great addition to your sensory room, OT, or APE program. Additional shipping charges apply. Max weight: 165 pounds.

#950014 .................................................................................. $179.99

CONCENTRATION ROCKER

Use the Soft Rocker to decrease self stimulatory behavior and increase concentration, attentiveness, balance, and body awareness. Rock the chair quickly or slowly to soothe agitated students, or get lethargic students excited and ready to engage. This sturdy chair features a hardwood frame covered in reinforced, phthalate-free vinyl. Size: 29” W x 17” D x 33” H. Additional shipping charges apply.

#947201 .................................................................................. $155.99

SQUEEZER

Your students will love rolling themselves through this mini ‘hug machine.’ The Squeezer is perfect for students who crave deep pressure and can help calm and center students who are easily overstimulated or hyper-alert. Adjustable bands allow you to provide the right amount of deep pressure for each student. Choose from a single squeezer with two rollers or a double squeezer with four rollers. Recommended for children under 100 pounds. Use with adult supervision. Additional shipping charges apply.

#261006 SINGLE ROLLER 25” x 23” x 15” 44 $469.99
#261007 DOUBLE ROLLER 33.5” x 23.5” x 15” $699.99
#261008 REPLACEMENT BANDS $13.49
INTERACTIVE SOUND PANEL
This item will make a great addition to your sensory room. As your students make sounds they will get immediate positive feedback through the visual display panel. Great for encouraging your students to vocalize. Use it to teach communication, cause and effect, color and shape recognition, develop fine motor, hand eye coordination, tracking skills and more. Whenever you make a sound you get a response - talk, clap your hands, play an instrument, or blow a whistle. Several different modes provide lots of interactive fun and keep your students engaged. Size: 37” x 31” x 13”

#987025 ................................................................................ $3,900.00

SENSORY COCOON
Your students will love climbing into this sensory cocoon. Watch the bubbles flow up the bubble tubes as the fiber optic strands provide a twinkly light. Acrylic mirrors create the illusion that the lines of light continue onto the ceiling. The fiber optic strands do not conduct electricity, so they are completely safe to touch and explore. The Sensory Cocoon slowly changes colors automatically. Set includes: Bubble Tube and Platform, Fiber Optic Lights, 1 Pair of Acrylic Mirrors, Bubble Tube Bracket, hose, pump, and treatment fluid for controlling algae and bacteria.

#987018-1 CALMING ............................................................. $5,499.99
#987018-2 SUPERACTIVE ..................................................... $6,899.99
#987018-3 IRIS ........................................................................ $7,399.99

MUSICAL TOUCH WALL
Provides compelling visual and auditory feedback to simple touch input, providing calming stimulation that users will enjoy. Use it to teach cause and effect, motion tracking, color recognition, shapes, motor skills, hand eye coordination, and more. Soft LEDs light up, pulse and change color when touched. This product is designed to last for years. No need for bulb replacements, making it virtually maintenance free. Easily change light colors, speed of the effects, how long the effects last before they fade, and volume. Choose between a wide variety of interactive modes featuring shapes, numbers, finger trailing, ripples, splats, and snakes. Size: 37” x 31” x 13”

#987009 ................................................................................ $3,799.99
**SENSORY WHEEL**

The Sensory Wheel will make a great addition to your sensory room, classroom, or center. The 46” rotating wheel features eight different textures your students will love to explore. The wheel comes with a set of eight small discs with textures that match the wheel. Use the set to work on matching, colors, counting, motor planning, and cause and effect. Use as a calming activity for those who enjoy tactile or spinning objects. Your students will get a good gross-motor and heavy-work activity as they spin the wheel.

Activity Ideas for your Sensory Wheel of Texture:
- **Find and Feel.** Place the small discs on a surface and allow the individuals to select one and then go find the matching surface on the wheel.
- **Spin and Say.** Using one or both hands, spin the wheel and then stop it by placing a hand or finger on it. Which texture did you land on? What does it feel like?
- **Left and Right.** Spin the wheel to the right. Now spin to the left. If appropriate, learn words such as clockwise and counter clockwise. Try using your left arm to spin right and your right arm to spin left.
- **Blind Guess.** Close your eyes. Find a spot on the wheel to touch. Then with eyes closed, reach for the smaller discs and try to select the same texture.
- **Color Corner.** Touch your favorite color. Describe it. What does it remind you of? Can you find words to describe each color?
- **Touch and Do.** Give each texture and action. For example, AstroTurf can be “jump”. You can place those words or use verbal commands. Touch the texture and do the command.

**WHIZZY DIZZY**

Want to provide some vestibular and gross motor fun for your students? Check out the durable Whizzy Dizzy! Your students will have fun spinning as they twist themselves around and around while getting lots of sensory input. Use as a good heavy work activity or rewarding break for a job well done. Larger than most spinners, this spin toy features steel ball bearings, a steel steering column and heavy duty impact-resistant plastic. The rubber feet will keep it from sliding, or scratching your gym floors.

Max load: 99 pounds.
Size: 22” x 22” x 12”

#940054 ............................................................. $139.99
MEDITERANO SWING

Perfect for tight spaces, this comforting hammock chair is a great place to let stressed students relax. The Mediterano Swing is a great fit for homes, classrooms, clinics, and sensory rooms. Deep pressure input from the soft chair can be used to help with focus. Use it as a calming corner, reading area, or homework center. Frame features rust resistant powder-coated steel with a 287 pound weight bearing capacity. Includes a super soft 100% cotton hammock chair featuring several suspension cords ensuring that your weight is evenly distributed across the chair for maximum comfort. Size: 7’ 10” x 4’ x 4’

#331208 BLUE $449.99
#331209 GREEN $449.99
#331210 NATURAL $449.99
#331207 SUNSET $449.99

COZY COCOON BEANBAG CHAIR

Your students will love sinking into this extra-large cozy cocoon chair. Use it for a calming corner, story time, or even to take a nap. This six foot cushion that can double as a crash pad if you lay it flat. It’s filled with supportive shredded foam that won’t collapse under a teen or adult’s weight. Includes an inner liner keeping the foam out of reach. The plush cover easily zips off and is machine washable. Set includes the filler foam, the inner liner, and the outer cover. Heavy duty stitching means this bag will last with years of use.

#960201 CHARCOAL $299.99
#960202 CHOCOLATE $299.99
#960203 CAMEL $299.99
#960204 CINNABAR $299.99
#960205 NAVY $299.99
#960206 BLACK $299.99
#960207 ORANGE $299.99

ROMANO STAND & CHAIR

Your students will love this super soft hammock chair that’s so comfortable to snuggle in. Use it to provide a calming swaddling effect as a de-escalation strategy, or as a safe calm down spot in your classroom. Students can gently rock themselves to help with focus and concentration. This is a great option for facilities that don’t have space for a swing. The hammock design provides mild vestibular input and is a great alternative when a swing is not available. The chair hangs from an incredibly durable powder coated steel frame with a load bearing weight of 353 pounds. Its 5’ x 5’ footprint makes it perfect for your sensory room or calming area. Set includes steel swing chair frame, chair, and suspension rope. Height of the stand is 7 ft x 5 in.

#331201 ....................................................................................... $539.99

Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419
FIGURE EIGHT BALANCE BEAM

Teachers and therapists love this sturdy 26 piece balance beam set. Interlocking pieces let you build lots of activities to help develop balance, motor planning, body awareness, and more. Connect all or some of the pieces, and build a figure eight, a circle, a wavy path, or a straight line for students to walk across. The various configurations allow students to experiment and challenge themselves.

Assembled Size: 118” L x 51” W x 6.25” H

#251006 .........................................................  $199.99

HILLTOPS

Easily create interesting gross motor challenges that will build balance, coordination, and motor planning with five colorful Hilltops. These fun Hilltops stack inside each other making the set easy to store and transport. A sturdy rubber bottom keeps hills from sliding and protects your gym floors. Can be used indoors or outside. Each 16.5” x 16.5” hilltop various from 5 to 10 inches in height. Max user weight: 110 pounds. Set of 5.

#950008 ..........................................................  $129.99

FOAM ADVENTURE SET

The bright and colorful design of the Foam Adventure Set will attract young children and encourage them to develop balance, coordination, and motor planning with lots of gross motor play. This high quality set features durable polyurethane foam, tear resistant vinyl, and is sewn with industrial stitching. You can put the set together in a wide variety of configurations to keep it interesting. Use it as a play structure or turn it into a soft obstacle course. This set includes a block slide, large wedge, mini tunnel, mini mailbox, 2 small pies, and a toddler step. Size: 61 x 66 x 16 inches. Made in the USA.

#330009 ........................................................................  $479.99

Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419
SOUND SPONGE DIVIDERS

Use these dividers to easily create quiet, small spaces in your therapy center or classroom. The spongy, thick construction is great for creating sound absorbing individual work spaces or to make a separate area for individuals to relax, calm down, or self-regulate. The lightweight design of these dividers make them portable, easy to reconfigure, and compact. Just roll them up for storage. Two low-profile support feet provide stability. Optional support feet and magnetic strip allows you to attach your dividers to a wall for extra stability. Comes in Blueberry, Slate Blue, or Natural Tan. Shipping charges apply.

| #860002 | 30” x 6 ft | $359.99 |
| #860003 | 30” x 10 ft | $699.99 |
| #8600033 | 4 ft x 6 ft | $519.99 |
| #860005 | 4 ft x 10 ft | $769.99 |
| #860006 | Extra Support Feet | $69.99 |
| #860007 | Corner Post | $89.99 |
| #860008 | Magnetic Divider Wall Strip | $34.99 |

BUSY BOARD WALL PANELS SET

These sturdy wall panels feature activities that encourage sensory integration, hand-eye coordination, fine motor skills, motor planning, and problem solving skills. Several activities provide visual and musical rewards as your students play. Each cute theme features bright colors and an appealing design that will attract and engage your students. Each busy board includes different puzzles, cause and effect toys, and musical instruments. The laminated fiber board easily mounts to most surfaces. They each include five activity boards and hanging hardware. Recommended for students ages 4 and up. Size: 68.5” L x 23.5” H

| #940039 | ALLIGATOR | $229.99 |
| #940052 | AIRPLANE | $229.99 |
SUPER SENSORY KIT
This Super Sensory Kit has everything you need to provide a variety of therapeutic tactile experiences in the home or the classroom. A variety of unique therapy toys can help desensitize oversensitive hands or provide a tactile reward for those who crave touch sensations. Use them to strengthen finger muscles and build fine motor strength.

#2147 ........................................................................................................ $49.99

PIN ART
This sturdy item gives interesting tactile feedback. Use it as a no mess 3-D tactile activity in your sensory room, or as a fun reward for a job well done. Place it in your classroom as a fun fidget to play with during recess.

#500904 ................................................................. $15.99

DRESSING FRAMES
Use these sturdy dressing boards to teach independence skills to students such as tying your shoes, snapping, zip a zipper, or pulling buttons through shirt holes. The flat design allows you to place it across a student’s chest for optimal practice.

#820003 ................................................................................... $55.99

VIBRATING PILLOW
This handy pressure activated pillow provides instant soothing vibration to help agitated students relax or provide interesting tactile input for curious students to explore. Children will love to sit, lean on, or hug the plush, soft surface. The act of squeezing the pillow provides isometric exercise (tensing and relaxing muscles) to further help students relax. Requires 2 “D” batteries (not included).

#390237 ............................................................................................ $29.99
FOLD & GO TRAMPOLINE

Use this sturdy trampoline to encourage self regulation, build body awareness, improve balance, and provide proprioceptive input. Get lethargic kids jumping to wake up their bodies or use it to burn off energy so your students can concentrate. This is a compact, high impact gross motor item that’s perfect for the space-conscious. Its easy to store or take to multiple locations, making it a great choice for parents, teachers, and therapists on the go. The sturdy metal frame folds neatly, and setup is simple and quick. Ready to go in five minutes or less. Weight limit: 150 lbs. Size: 36” x 36” x 34.” Recommended for kids ages 3 and up.

#880003 ................................................................. $99.99

GEL TILES

Your students will love walking on or pushing on these gel tiles and watching the colors move. Gel Tiles work well in sensory rooms, homes, classrooms, and clinics. Place four tiles together to create a calming corner. Use them to encourage sensory seeking students to jump and stomp the tiles or sit and push the water inside to watch the colors move. Safely use them on your carpet or tile. An anti-slip bottom keeps them from sliding. Size: 20” x 20” x 3”

#690001 SINGLE ........................................................ $44.99
#690006 SET OF 4 .................................................... $169.99
#690007 SET OF 12 .................................................. $599.99

BURST RESISTANT THERAPY BALL

Use this ball in the classroom to provide lots of movement opportunities for students and help fidgety kids stay seated while working. Use it in your clinic, adaptive PE, or physical therapy program to build and strengthen abdominal, back, and leg muscles.

#200645 XS .............................................................. $19.99
#200655 S ............................................................... $21.99
#200665 M ............................................................... $28.99
#200675 L ............................................................... $34.99
#20002 XL .............................................................. $39.99

RAINBOW STEPPING STONES

Build gross motor skills including motor planning, balance, and more with the colorful rainbow stepping stones set. You can use this extremely durable set in your gym or outside. Flip them over to provide an increased balance challenge. This set includes six 6.5 x 3.5 balance pods in blue, purple, green, yellow, orange, and red.

#200258 ................................................................. $49.99
STARTING SENSORY INTEGRATION THERAPY

This helpful guide will quickly introduce you to Sensory Processing Disorder and Sensory Integration Therapy. Includes 100+ activities and games for children that can be used in the classroom or at home. Each activity is designed to require minimal time, money, and clean-up, and includes “Extend It!” ideas to keep kids engaged.

#999477 .....................................  $19.99

COZY CATERPILLAR

The Cozy Caterpillar is like a giant compression sock, providing deep pressure from the shoulders to the feet. Expertly designed to help those who struggle with anger or anxiety, need proprioceptive input, or have focus challenges. The convenient, easy to use design opens on both sides and can roll up like a sash, making it instantly available when your students need it. Features triple stitched heavy duty spandex, making it highly durable. Great for all ages!

#410126     XS     .................................................      $39.99
#410127     S     .................................................      $39.99
#410128     M     .................................................      $39.99
#410129     L     .................................................      $52.99
#410130     XL    .................................................      $54.99

TRANQUIL TURTLE

Create a calming underwater effect in any room with the classic Tranquil Turtle. With soft lights and comforting sounds, this aquatic friend is perfect for helping kids relax. Just one press of a button, and you can watch rippling water flow across the ceiling. While watching the water effect, kids have the choice of listening to a tranquil melody or the sound of ocean waves.

#670007 .................................................................      $43.99

DELUXE JELLYFISH LAMP

The calming rhythmic motion of this Jellyfish Lamp makes it a visually interesting focal point for any calming corner in your classroom or sensory room. Colors slowly rotate between red, yellow, green, blue, and pink, or press a button to pick a color of choice. Includes a low voltage AC adapter. An auto-off function will turn off your lamp after four hours. Size: 14” x 5.5” x 5.5”

#258004 .................................................................      $99.99
**LUNAR LIGHT SHOW**

Place this item in any room to create a calming visual focal point to help students re-center and relax. Slowly rotating colors provide gentle visual stimulation to soothe overstimulated students. A remote allows you to change colors and patterns manually at any time. Great for any sensory area or calming corner of the classroom. Requires 3 AAA batteries to operate (included). Size: 5 x 5 x 5 inches

#112659 ........................................................................................................... $19.99

**WILBARGER THERAPY BRUSH**

Designed by Patricia Wilbarger for brushing therapy. The high density bristles provide optimal tactile input. The handle’s ergonomic design makes this brush easy to hold and use. Size: 3.5” x 3.2” x 2.2”

#370010-2  2-PACK ................................................................... $10.99
#370010-6  6-PACK ................................................................... $24.99
#370010-24 24-PACK ................................................................... $59.99

**THERAPUTTY**

A favorite tactile activity of OTs, Theraputty is great for students of all ages. Use it to mold/stretch, play hide and seek with small toys, and so much more. Each color features a different resistance level, from super soft tan to extra firm black. The putty comes in a resealable plastic storage container, never dries out, and is non-toxic. A must have for therapy centers, classrooms, and anywhere with a child who needs help developing fine motor muscles.

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**SENSORY BRUSH**

This low cost brush is perfect for introducing brushing therapy. Use them to help acclimate children who are sensitive to touch. These brushes make an ideal alerting activity to prepare students with special needs for learning. They are great for those who enjoy brushing and deep pressure touch.

#370400-3  3-PACK ................................................................... $8.99
#370400-6  6-PACK ................................................................... $12.99
#370400-24 24-PACK ................................................................... $39.99
#370400-250 250-CASE ................................................................... $250.99
#370401  OPTIONAL HANDLE ........................................... $6.49

Order Online at NationalAutismResources.com  
Call to order 877-249-2393  
Fax POs 877-259-9419
A **INSIDE OUT BALL**
Keep your students’ hands busy and quiet so they can focus while you teach. Turn this squishy ball inside-out to see the soft spines. Great for sensory seekers. Assorted colors. Ages 3+

#400273 .......................................... $4.49

B **ATOM BALL**
Use as a quiet sensory fidget in your classroom, transition item, or as a soft, easy to catch ball for tossing games. Soft rubber tips are interesting to touch & manipulate. Assorted colors. Non-toxic. Ages 5+

#112629 .......................................... $3.59

C **STRESS-LESS GEL BALL**
With a tough inner membrane and fabric cover, this super sturdy stress ball won’t pop or break with hard squeezing. Perfect for older students. Its unique rubber core is more springy than foam balls. Ages 5+

#125007 ........................................ $5.49

D **MOODY FACE**
This stress ball won’t roll if dropped, is quiet, and includes tactile “hair” to keep your students hands quietly busy. Great as a transition item or classroom fidget. Contains latex. Ages 5+

#111002 ........................................ $4.49

E **PLAYABLE ART BALL**
This is a fun quiet activity that can be taken anywhere. Larger size fidgets will get both hands moving as you play. Twenty brightly colored 1.5” birch wood balls allow you to bend and move them in a variety of directions or take them apart and rearrange the colors. Size: 7” x 7” x 2”

#770003 ........................................... $29.99

**FIDGET SET**
Guaranteed to keep kids’ hands busy. This ultimate fidget set is a selection of our bestselling fidgets with a variety of textures and features. Each sensory toy feels great, is durable and quiet, and won’t distract other students. Substitutes of similar items may be made depending on inventory. Assorted colors. Ages 5 & up.

#901000 ........................................... $42.99

**GUMMI BALL**
This sturdy stress ball is super stretchy. It bounces back into shape when you stretch it. Great for transitions. Size: 3” x 3”

#505113 ........................................... $2.99

**ATOM BALL**
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Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419
**PENCIL TOPPER SET**
This socially appropriate fidget set discreetly keeps fingers busy as students listen and work. Set of three pencils include a twist bolt, push wing, and slidable hollow box, or circle that moves up and down. Quiet design makes it perfect for your classroom.

#520007 ........................................................... $4.99

**MAGIC SNAKE FIDGET**
Bend and twist this geometric shape inspired fidget into a wide variety of shapes and objects. This super quiet fidget provides lots of opportunity to keep fingers busy so students can concentrate. It’s made of sturdy plastic that’s easy to clean. Size: 3.9” x 2.6” x 1.” Ages 3+

#505058 ............................... $2.29

**SQUIGGLETS SENSORY BRACELET**
Children love wearing this bracelet for soft on the go sensory fun. Highly tactile and quiet classroom fidget. Use it as a transition toy to ease anxiety and provide comforting distraction for students. Great option for kids that tend to lose things.

#110495 ...................................................... $4.99

**TANGLES**
Tangles are quiet fidgets that make great focus helpers. They have been a teacher favorite for years. Use them to help relieve stress with repetitive twisting, provide discreet sensory play for sensory seekers, and encourage fine motor development.

- A #350274 TANGLE THERAPY ................. $11.99
- B #350272 TACTILE TANGLE RELAX ...... $5.99
- C #350001 TANGLE JR ......................... $3.99

**DIMPLE 2 GO**
This sturdy fidget is quiet and has a clip so that it won’t get lost.

#640016 ............................. $4.99

**PUZZLE FIDGET**
Play a game by trying to line up the colors or quietly move pieces as a fidget.

#240015 .......................... $3.99

**PENNEL TOPPER SET**
This socially appropriate fidget set discreetly keeps fingers busy as students listen and work. Set of three pencils include a twist bolt, push wing, and slidable hollow box, or circle that moves up and down. Quiet design makes it perfect for your classroom.

#520007 ........................................................... $4.99

**NEW!**

Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419
CHEWELRY

Use the Chewelry necklace to redirect kids or teens from chewing on their clothes, pencils or non-food objects. The coil design provides abundant sensory input to the mouth, lips, and tongue. Choose from two designs: Regular or Mega. The mega design has twice the thickness of regular Chewelry. This provides added durability and more intense oral motor feedback. Assorted colors: Purple, Blue, Green, Yellow, Orange, Red, and White.

#100001 CHEWELRY NECKLACE ............................................... $7.59
#100002 CHEWELRY BRACELET ............................................... $5.49
#100007 MEGA CHEWELRY NECKLACE ................................. $19.99
#100008 MEGA CHEWELRY BRACELET ................................... $7.99
#100019 NECKLACE & BRACELET CHEWELRY SET ............. $15.49

TUFFY CHEWS

The Tuffy Chew is made of a rigid non-flexible material for kids who are chewing on hard surfaces such as wood. Assorted colors.

#100600 .................................................................................... $2.99

CHU BUDDY

Never lose a chewy or need to constantly wash one when it falls on the floor. This versatile item accommodates most chew items using an easy to clean clear silicone strap. Now students can easily wear their chewy using a clip-on strap, clip-on coil, or breakaway lanyard.

#100017 LANYARD .......................................................... $7.99
#100018 SPRINGZ .......................................................... $7.99
#100005 STRAP .............................................................. $7.99

CHEWABLE PENCIL TOPPERS

These chewable pencil toppers are great for students who chew on their pencils, pens, clothing, or nonfood objects. The discreet design is perfect for inclusion students in general education classrooms. Just slide over the top of any standard size pencil for easy and discreet chewing anywhere.

#900011 ................................................................. $5.99
CHEWY PENDANTS

Have a student chewing or sucking on their hair, clothes, or pencils? Redirect them to our fashionable pendants! Each pendant features a smooth nylon cord with a breakaway clasp. The Chewy Kid, Shark, and Dolphin design feature textures for additional oral motor input. These chewy pendants contain no BPA, latex, or phthalates. Use with adult supervision. Pendant size approximately 2.5” x 3” x .25”

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9” CHEW TUBES

This inexpensive set of 9” Phthalate, BPA free tubing is non-toxic and made in the USA. Great for use as a chew stim or as straws.

#100100 ........................................  $7.99

PIXEL FIDGET

The Pixel Fidget is more than just a chew. It features a variety of textures that provide lots of tactile exploration for the mouth or fingers. Use this versatile fidget to keep hands or mouths busy for self-regulation. The extremely durable design ensures users can chew, bend, and twist without breakage. Unlike silicone based products, the Pixel Fidget does not have a tendency to tear or crack. Perfect for the pocket or sitting on a desk. Size: 4” x 2” x .25”

#100900 ........................................  $5.99

Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419
BREATH BY BREATH

This helpful book uses simple language, and engaging pictures to teach students how to stay calm using mindfulness techniques. Teach your kids how to calm their bodies using deep breathing and other techniques to manage stressful situations. This book is meant to be read aloud. It includes "pause" bubbles on key pages with questions you can ask your students to help them apply mindfulness techniques.

Size: 9” x 7” x .25” 32 pages

#265049 ................................................................................................ $12.99

EXPLORING EMOTIONS

This book follows the different emotions of several students on track and field day. Using mindfulness techniques they learn to identify their feelings and that emotions are just like the weather -- relief can feel like a cool breeze, or anger like a hot sun. Also like the weather, feelings will change over time, and negative moods won’t last forever.

Helps students recognize and accept their feelings while practicing mindfulness exercises. Includes questions on key concept pages that you can ask your students to help them apply mindfulness techniques.

Size 9” x 7” x .25” 32 Pages

#265048 ...................................................................................................... $12.99

SOCIAL SKILLS TRAINING AND FRUSTRATION MANAGEMENT AUTISM DVD

An in-service training favorite. Dr. Jed Baker will prepare your staff to enhance social skills & manage meltdowns. This is a comprehensive presentation on social-emotional functioning. You will learn valuable step-by-step techniques that can immediately be put to use to support autistic individuals. Running time: 4.5 hours.

Topics include: Conversation, Conflict Resolution, Emotion Management, Employment, Dating, Developing a Behavior Plan, Manage & Prevent Meltdowns, Help Create Peer Acceptance, Assess Social Skills of Individuals or Groups

#999013 ........................................................................................................ $39.99
CALM DOWN TIME
Feeling cranky or frustrated? You need calm-down time. This colorful, kid-friendly board book helps young children learn to recognize their feelings and learn a variety of self calming techniques. Great for parents or teachers with students that have meltdowns or temper tantrums. A list of suggestions for discussion are in the back of the book. Ages 2-5

#260006 ................ $8.99

HOW TO TAKE THE GRRR OUT OF ANGER
This amazing book uses humor and illustrations to help students learn anger management skills both mentally and physically. Learn how to recognize anger in yourself and others, how to handle negative situations, positive ways to resolve conflict, ways to find support, and more. Grades 3-7. 128 pages.

#261179 ................ $8.99

STOP, RELAX & THINK GAMES & WORKBOOK
The idea of the Stop, Relax & Think system is exactly that. Learning how to stop, relax and think in difficult situations. The goal of this game is to help impulsive children to learn to communicate their emotions, improve their problem solving skills, and slow down and think before they act. Use this system at home, in the classroom, or in therapy settings to teach students to manage stress and anxiety.

#540056 WORKBOOK & CD ...................... $29.99
#540058 CARD GAME .......................... $23.99
#540069 BOARD GAME .......................... $54.99

MINDFUL KIDS
This set is a fun way to teach your students conscious breathing, muscle relaxation, yoga and meditation. Your students will love spinning the disc to see which activity they get to try next. A helpful teaching guide with step by step illustrations for each exercise will help you introduce and practice mindfulness techniques with your students. Set includes a large 19” high spinning top and six durable discs that each have six activities on them. Additional online teaching activities are available for download.

#280011 ........................ $49.99
SMART KIDS SOCIAL SKILLS GAME

Six fun board games encourage players to discuss solutions to common social challenges. Each game encourages group participation and discussion. Use in your classroom, speech, or social skills group to build social competence. Games cover manners, empathy, friendship, emotions, emotion management, and morals. Set includes 6 game boards, 24 counters, 1 die, 1 spinner. Grades 1-5.

#560017 ........................................................ $36.99

HIDDEN RULES GAMES

Play the Hidden Rules game to help your students build their social competence as they discover unwritten social rules. These simple, fun games are played in a similar style to Uno with the added element of talking about and answering social rules questions. This fast game is great when you have extra time in class, therapy sessions, or during your social skills group. Explore hidden rules in the classroom, community, with friends & more. Ages 6-12 with 2-8 players.

#540023 Hidden Rules with Friends ....................... $25.49
#540024 Hidden Rules in the Classroom ................. $25.99
#540022 Hidden Rules in the Community ............... $25.99
#540021 Social Situations Card Game .................... $25.99

LEARNING TO GET ALONG PICTURE BOOKS

SINGLE BOOK ........................................................ $11.99
#261305 ............ KNOW & FOLLOW RULES
#261313 ............ UNDERSTAND & CARE
#261518 ............ BE POLITE & KIND
#261526 ............ JOIN IN & PLAY
#261232 ............ LISTEN & LEARN
#261240 ............ SHARE & TAKE TURNS
#261607 ............ RESPECT & TAKE CARE OF THINGS
#261763 ............ TALK & WORK IT OUT
#265017 ............ BE HONEST & TELL THE TRUTH
#265016 ............ BE CAREFUL & STAY SAFE
#265013 ............ ACCEPT & VALUE EACH PERSON
#265012 ............ TRY & STICK WITH IT

These picture books feature simple social stories that help students understand and practice basic social and emotional skills. Real-life scenarios, lots of diversity, and captivating illustrations make them perfect for school and special education settings.
MIKE’S CRUSH TEACHER CURRICULUM

This DVD will get students talking about safe relationships, body language, positive peer relationship skills, and more. Designed to help inclusion students or those in moderate/severe settings. Topics covered include: taking care of your appearance, types of relationships, body language, starting a conversation, getting to know someone, and important social rules. The curriculum includes everything you need to start teaching these vital skills. Ages 11-21.

#450000    CURRICULUM .................. $159.00
#450001    DVD ONLY ....................... $23.99

BUDDY TALK & TEEN TALK

The Buddy Talk and Teen Talk card sets are full of fun topics to help kids and teens talk to their peers. Use these cards at social events such as parties and family gatherings for a fun group activity. Includes 50 sturdy laminated cards held together by a spiral ring. The card sets are loaded with questions and topics designed to get kids and teens engaged. These sets have worked well to help students on the spectrum start conversations with their peers. Easily remove or rearrange as needed for your student.

#620001 ........... BUDDY TALK ............ $7.99
#620002 .......... TEEN TALK ............... $7.99

SOCIAL SKILLS COMICS FOR TEENS

These comics visually teach teens appropriate social behavior for common social situations. Each comic includes a “Wrong Way” and a “Right Way” scenario. Detailed photographs prompt teens to take a closer look at body language and non-verbal cues. Interactive activities will help teens apply scenarios to situations in their everyday lives. A CD with printable handouts will allow your students to practice and review what they’ve learned.

#540035 ...................................................................................... $29.99

TEEN TALK IN A JAR

For many students, it can be difficult to break the ice and start conversations with their peers. Use this social communication resource in your home, classroom, or clinic to get kids talking with ease. 101 interesting questions will stimulate dialogue and break through awkwardness. Students will enjoy reading the thought provoking prompts on each card and sharing their opinions. Turn it into a stand alone game, use it at the end of a therapy session, or to supplement existing activities. Ages 13 and up.

#620003 ........................................... $9.99
**SOUND PUZZLES**

Students are instantly rewarded when they properly place each puzzle piece with an animal, musical instrument, or vehicle noise. These multi-sensory puzzles teach matching, cause & effect, hand eye coordination, motor planning, and fine motor skills. A matching picture is under the pieces, providing a visual prompt that helps children succeed. Sturdy wood design will stand up to years of use. Size: 11.25" x 8.5" x 1". Ages 3 and up.

- #270277 FARM .............................................................. $11.99
- #270276 VEHICLES ........................................................... $11.99
- #270281 ZOO .................................................................. $11.99
- #270280 MUSIC ............................................................... $11.99
- #270005 ALPHABET ...................................................... $19.99

**MINI SPINNY**

This sturdy spinning toy features a rainbow of colors that are sure to engage kids with autism. Teaches cause and effect and simple turn taking. Each piece features a variety of textures that will encourage sensory play and fine motor skill development. To play, just flip the Mini Spinny over and watch the colorful wheels spin down the bar. Each wheel is securely enclosed within two end caps. Size 7.5 x 2.5 x 2.5 inches.

#640006 .................................................. $12.95

**KLICKITY**

This sturdy multi-sensory toy is great for teaching cause and effect, sensory play, eye hand coordination, fine motor skills, and cognitive development. Push down one ball and listen to it click while another ball pops up. Two other balls click like a pen top when you push them down. Another ball spins as you play with it. Each top features a different texture. Size 8.4 x 8.4 x 7.1 inches.

#640010 ................................................................. $29.99

**DIMPL**

Need a fidget that keeps both hands busy and is super sturdy? This durable cause and effect toy makes a great fidget that can help improve fine motor skills. Five silicone dimples feel incredibly satisfying when you push them in and out. At 5" x 5", it will easily fit in your purse or backpack. This is a good item to give to someone who enjoys playing with buttons or bubble wrap. Size: 5" x 5" x 1".

#640013 ................................................................. $12.99
MINI LIGHT SPINNER
Press the button and watch a swirl of lights flicker and spin. Use it as a reward for positive behavior, or as a solution to help kids calm down with a distraction. This mini light up toy includes a safe, easy to use breakaway necklace so that it won’t get lost.

#110269 ........................................ $6.29

MULTI VOICE CHANGER
Promote vocalization with the amazing Multi Voice Changer. This handheld device features ten different voice modifiers to make users sound like they’re from outer space.

#112647 ....................................... $15.99

SQUIGGLE WIGGLE WRITER
Motivate reluctant writers to improve their fine motor and writing skills with this fun activity. This vibrating pen features a triangular design, slightly heavier weight, and vibration that work together to encourage proper pencil grasp and firmer pressure when writing. (In order to control the pen, students have to press down on it.) Wonderful vibration also encourages kinesthetic awareness of the hand. 1 AA battery (not included). Set includes 1 pen and 5 color cartridges.

#900002 ....................................... $7.99

LIQUID TIMER
Your students will instantly become visually engaged with the Liquid Timer as two rows of soft circles sink down to the bottom. This calming visual item is great as a reward toy or can be used in your calming area. Size: 6” x 2” .75”

#500247 ....................................... $5.99

RAIN TUBE
Our most popular sensory toy. Your students will love turning the Rain Tube over and over, watching the colorful balls fall and listening to its soothing sounds. Great for teaching cause and effect, sensory play, relaxing, calming, or to reward a job well done.

#112008 ....................................... $8.99

OOZE TUBE
Watch the liquid slowly flow down the Ooze Tube to calm and relax. Sure to be a classroom favorite. Size: 5” x 3” x 3”

#501348 ....................................... $7.99

BEST SELLER!

Order Online at NationalAutismResources.com  Call to order 877-249-2393  Fax POs 877-259-9419
**HANDI-WRITER**

The Handi-Writer is designed to help students hold a writing tool correctly. It gently positions the pencil to rest comfortably against the hand, placing it into the correct position for writing while prompting a Tripod grip. Very soft and comfortable for the sensory sensitive. Helps students with legibility and hand fatigue. Recommended for anyone with incorrect grasp patterns.

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**SLANT BOARD**

The 20 degree angle of this board helps handwriting, hand positioning, and fatigue. Manufactured out of lightweight yet sturdy corrugated plastic that is easy to clean. A helpful clip keeps papers in place as you write. Folds flat for easy storage.

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<td>#120101</td>
<td>XL SLANT BOARD ..................................</td>
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**GRIP VARIETY PACK**

Need a grip but not sure which one will work? This set includes three of our most popular grips: Pencil Grip, Crossover Grip, and Pinch Grip. Give options to help struggling writers find the right tool to help them hold a pen or pencil correctly. Each grip is designed slightly different, to help address common hand grasp challenges. Fits over pens & pencils, for left or right handed students.

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**REDISPACE PAPER**

This paper is designed by an OT who specializes in handwriting. The paper has innovative cues that help students with proper spacing between letters and words, correct letter size and appropriate alignment of letters on the lines. It promotes legible handwriting and fewer errors in math due to number misalignment. Choose from 48 sheet set of Wide Ruled Notebook Paper or Composition Book.

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</tbody>
</table>

<table>
<thead>
<tr>
<th>Phone #</th>
<th>Fax #</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Bill to**

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<table>
<thead>
<tr>
<th>Organization</th>
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<tbody>
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<table>
<thead>
<tr>
<th>Address</th>
</tr>
</thead>
<tbody>
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<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>City, State, Zip Code</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Phone #</th>
<th>Fax #</th>
</tr>
</thead>
<tbody>
<tr>
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<td></td>
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</table>

<table>
<thead>
<tr>
<th>QTY</th>
<th>Item #</th>
<th>Description</th>
<th>Unit Price</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Payment Method</th>
</tr>
</thead>
<tbody>
<tr>
<td>Check or Money Order Enclosed</td>
</tr>
<tr>
<td>Purchase Order Enclosed</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Subtotal:</th>
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(Refer to Website Shopping Calculator)

<table>
<thead>
<tr>
<th>Shipping:</th>
</tr>
</thead>
<tbody>
<tr>
<td>(CA Residents and Local Sales Tax)</td>
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</table>

<table>
<thead>
<tr>
<th>Sales Tax:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>TOTAL:</th>
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</table>

At National Autism Resources, your satisfaction is our goal. If for any reason, you are not completely satisfied with your purchase, please return. We have a 30 day return policy on most orders. To return something please mail it with a copy of your packing slip to: National Autism Resources, Attn: Customer Returns 77 Solano Square #308, Benicia CA 94510. For hygiene reasons, we cannot accept returns of exchanges for eating, hygiene or oral motor products.
FREE SHIPPING ON POs OVER $99*

Does not apply to oversize therapy equipment or special orders.

VISUAL SUPPORTS PG.2
TIMERS PG.11
WIPE CLEAN WEIGHTED BLANKET PG.17
QUIET FIDGETS PG.31
MINDFUL KIDS PG.35
MORNING CIRCLE PG.8